

Township of Lower Merion Parks & Recreation

RECREATION INFORMATION

FALL 2025

Lower Merion Township offers a variety of programs, for both children and adults, year-round. Basketball, Pickleball and Tennis Clinics, Yoga Bone Boost Classes, Ultimate Frisbee Clinics, Soccer Shots and HappyFeet Programs, Shining Knights Chess Club, Abrakadoodle Art Classes, Play-Well Technologies and Built By Me Classes, Mad Science Workshops, US Sports Institute Classes and much, more.

Please visit our website www.lowermerionrec.com for a current schedule of programs and classes.

If you do not have on-line access, no need to worry. You can still mail or walk-in to register for programs and pool memberships.

REGISTRATION INFORMATION



You will be considered registered for a program only after the proper forms and fees are received. Payment is due at the time of registration. Checks should be made payable to “**Treasurer, Lower Merion Township**”. Registrations without accompanying fees will NOT be processed. Non-residents (including Narberth Borough) will have a higher registration fee.

Nothing stops a program in its tracks faster than everyone waiting until the last minute to register. Many of our programs need a minimum number of participants to run so a program may be cancelled if there are not enough registrants. Minimum number must be reached at least one week prior to the start of the program.

Please note, **Fall registration will begin August 4 (August 18 for Non-Residents)**

ON-LINE REGISTRATION

The Parks and Recreation Department uses a software system for our Membership and Program Registration. This program enables participants to view programs offered and register on-line (convenience fees may apply). If you have on-line access, please visit www.lowermerionrec.com to create or log in to your account.

MAIL-IN/WALK-IN REGISTRATION

Registration forms can be mailed in or dropped off to our office, located in the Township Administration Building. Envelopes should be addressed as follows:

Lower Merion Township – Parks and Recreation

75 E Lancaster Ave

Ardmore PA 19003

Please note registrations will be processed as received.

CANCELLATION, REGISTRATION AND REFUND POLICY

Please review the policies on-line prior to registering for a program.



PHOTO POLICY

On occasion, we may take photos or video of individuals enrolled in programs or using Township facilities. Please be aware that these images are for Township use and may be used in future promotional materials.

New program idea? Let us know!

We are always looking for new programs to offer our residents.

Email recreation@lowermerion.org or give us a call 610.645.6220.

FALL PROGRAMS

Soccer, Soccer Shots



Soccer Shots is the premier intro to soccer program in the United States teaching children soccer and character development through its innovative curriculum and imaginative games. [For more information, visit www.soccershots.org.](http://www.soccershots.org)

Fee: Per Seven (7) Week Session Resident/\$158 Non-Resident/\$190
Per Eight (8) Week Session Resident/\$180 Non-Resident/\$216

Minis *(Parents accompany children on field)*

Ages 1.5 – 3

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

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|------------------------|-----------|----------------|---------------------|-------------------------|
| Fall Session 1: | Thursdays | 4:30 – 5:00pm | Sept 4 – Oct 16 (7) | Ashbridge Park (12) |
| Fall Session 2: | Thursdays | 5:20 – 5:50pm | Sept 4 – Oct 16 (7) | Ashbridge Park (12) |
| Fall Session 3: | Saturdays | 8:45 – 9:15am | Sept 6 – Oct 25 (8) | South Ardmore Park (12) |
| Fall Session 4: | Saturdays | 9:40 – 10:10am | Sept 6 – Oct 25 (8) | South Ardmore Park (12) |
| Fall Session 5: | Sundays | 9:00 – 9:30am | Sept 7 – Oct 26 (8) | General Wayne Park (24) |

Classic

Ages 3 – 5

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.

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|------------------------|-----------|-----------------|---------------------|-------------------------|
| Fall Session 1: | Thursdays | 4:30 – 5:10pm | Sept 4 – Oct 16 (7) | Ashbridge Park (12) |
| Fall Session 2: | Thursdays | 5:10 – 5:50pm | Sept 4 – Oct 16 (7) | Ashbridge Park (12) |
| Fall Session 3: | Thursdays | 6:00 – 6:40pm | Sept 4 – Oct 16 (7) | Ashbridge Park (12) |
| Fall Session 4: | Saturdays | 8:45 – 9:25am | Sept 6 – Oct 25 (8) | South Ardmore Park (12) |
| Fall Session 5: | Saturdays | 9:30 – 10:10am | Sept 6 – Oct 25 (8) | South Ardmore Park (12) |
| Fall Session 6: | Saturdays | 10:25 – 11:05am | Sept 6 – Oct 25 (8) | South Ardmore Park (12) |
| Fall Session 7: | Saturdays | 11:20am – Noon | Sept 6 – Oct 25 (8) | South Ardmore Park (12) |
| Fall Session 8: | Sundays | 9:45 – 10:25am | Sept 7 – Oct 26 (8) | General Wayne Park (24) |
| Fall Session 9: | Sundays | 10:40 – 11:20am | Sept 7 – Oct 26 (8) | General Wayne Park (12) |

Premier

Ages 5 – 8

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

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|------------------------|-----------|-----------------|---------------------|-------------------------|
| Fall Session 1: | Thursdays | 6:00 – 6:40pm | Sept 4 – Oct 16 (7) | Ashbridge Park (12) |
| Fall Session 2: | Saturdays | 10:25 – 11:05am | Sept 6 – Oct 25 (8) | South Ardmore Park (12) |
| Fall Session 3: | Saturdays | 11:20am – Noon | Sept 6 – Oct 25 (8) | South Ardmore Park (12) |
| Fall Session 4: | Sundays | 10:40 – 11:20am | Sept 7 – Oct 26 (8) | General Wayne Park (12) |

SOCCER, HAPPYFEET

Ages 2 – 5



HappyFeet classes are a fun approach to ensuring your child has an absolute blast while developing elite physical skills and self-concept. During this stage your child will flourish within our imagination-based curriculum. Not only will they begin to develop excellent gross motor skills they will also begin to develop a healthy recognition of their own self-concept! Here our class time jumps to 1 hour as we allow time to introduce fun, non-competitive games along with our imagination-based learning approach. During your child's time with us at this stage they will begin to learn basic and advanced soccer moves with the ball. These moves are then incorporated into the stories and games that we play with your children to increase repetition without it ever feeling like practice! [For more information, visit www.happyfeetphilly.com.](http://www.happyfeetphilly.com)

Location: South Ardmore Park

Fall Session: Sundays September 7 – October 19 (7)

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|--------------------|-----------------|------------|-----------|--------------------|
| HappyFeet | 9:00 – 10:00am | Ages 3 – 5 | Res/\$189 | Non-Res/\$227 (15) |
| HappyFeet | 10:00 – 11:00am | Ages 3 – 5 | Res/\$189 | Non-Res/\$227 (15) |
| Little Toes | 11:00 – 11:45am | Ages 2 – 3 | Res/\$139 | Non-Res/\$167 (12) |

SOCCER, ROYAL T

Ages 7 – 12



Royal T Soccer utilizes a European soccer method focusing on foundational skill building that kids can continue to build on. This program will emphasize ball control and small sided games to build individual skills, which is the foundation of the Dutch football method. Royal T will also use Spanish football tactical awareness, mimicing the way soccer is taught in Spain and many other European countries. This system teaches basic skills to improve enjoyment and confidence for any level player despite skill level or age. A simple, fun, real soccer training methodology. [For more information, visit www.tuffkidztennisandsoccer.com.](http://www.tuffkidztennisandsoccer.com)

Location: Jack M Barrack Hebrew Academy, 272 S Bryn Mar Avenue, Bryn Mawr

Dates/Times: Saturdays 12:30 – 1:30pm

Fall Session: September 20 – November 1 (7)

Fee: Resident/\$120 Non-Resident/\$144

Group Limit: 20 Participants

SOCCER – INDOOR , R5 SPORTS

Ages 6 – 12



This indoor soccer training program is designed to improve athletes technically with foundations of the game. R5 Sports will work on dribbling to penetrate, passing combinations, finishing, 1v1 attacking and defending. There will be work on small group tactics (2v1's, 1v2's, 2v2's) to improve the player in these situations. There will be scrimmages as well (3v3's, 4v4's).

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd

Fall Session: Wednesdays October 29 – December 10 (6) No Class Nov 26

Time/Age: 5:30 – 6:45pm Ages 6 – 8
7:00 – 8:15pm Ages 9 – 12

Fee: Per Session Resident/\$185 Non-Resident/\$222

Group Limit: 14 Participants

ULTIMATE FRISBEE, PHOENIX ULTIMATE ACADEMY

Ages 7 – 15



Phoenix Ultimate Academy is the youth development program created by the Philadelphia Phoenix, Philadelphia's professional ultimate team. The Phoenix Ultimate Academy aims to teach the rules and techniques of ultimate frisbee, in addition to fostering and developing skills in communication, respect, self-advocacy and conflict resolution, all of which are integral to the sport of ultimate and healthy youth development. [For more information, visit www.phoenixulti.com/collections/camps.](http://www.phoenixulti.com/collections/camps)

Location: General Wayne Park

Dates/Times: Tuesdays 4:20 – 5:10pm

Fall Session: September 9 – October 28 (8)

Fee: Resident/\$160 Non-Resident/\$192

MULTISPORTS, US SPORTS INSTITUTE

Boys & Girls



USSI's flagship Multi Sports programs allow children of all ages to experience a variety of sports throughout their program. Children will have the opportunity to learn and play sports like basketball, soccer, flag football, track & field, hockey, and more! All Multi Sport programs are suitable for children of all ability levels. From the recreation-level player to the more serious athlete, our multi sports programs are great fun for all. [For more information, visit www.ussportsinstitute.com.](http://www.ussportsinstitute.com)

Location: Ashbridge Park

Fall Session: Saturdays September 13 – November 1 (8)

| | | | |
|------------------------|-----------------|----------------|-------------------------------------|
| Parent & Me | 9:00 – 9:40am | Ages 1.5 – 2.5 | Group Limit: 12 Participants |
| Parent & Me | 9:45 – 10:25am | Ages 2 – 3.5 | 12 Participants |
| Parent & Me | 10:30 – 11:10am | Ages 2 – 3.5 | 12 Participants |
| Squirts | 9:00 – 9:45am | Ages 4 – 5.5 | 10 Participants |
| Squirts | 9:50 – 10:35am | Ages 3 – 4.5 | 10 Participants |
| Squirts | 10:40 – 11:25am | Ages 3 – 4.5 | 10 Participants |

Fee: Per Session Resident/\$205 Non-Resident/\$246

MULTISPORTS, AMAZING ATHLETES

Ages 2 – 6



Educational Sports Programs

Amazing Athletes is a multi-sport enrichment program designed to introduce children to the fundamentals of physical fitness in a fun, engaging way. Their curriculum covers **11 different sports** throughout the session: baseball, basketball, football, golf, hockey, lacrosse, soccer, tennis, track & field, volleyball, and newest addition—**pickleball!** Each week, children build motor skills, confidence, and a love for movement through age-appropriate drills and games. Amazing Athletes promotes total-body development while helping kids discover what sports they enjoy most.

[For more information, visit www.amazingathletes.com.](http://www.amazingathletes.com)

Location: Gladwyne Park

Fall Session: Fridays September 19 – October 24 (6)

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|-----------------------|-----------------|------------|-----------|-------------------|
| Tots | 9:00 – 9:25am | Ages 2 – 3 | Res/\$105 | Non-Res/\$126 (6) |
| Athletes | 9:30 – 10:00am | Ages 3 – 4 | Res/\$113 | Non-Res/\$136 (8) |
| Older Athletes | 10:05 – 10:35am | Ages 4 – 6 | Res/\$113 | Non-Res/\$136 (8) |

READY SET RACKETS!, UNIVERSAL RACKETS

Ages 2 – 5



Ready Set Rackets! introduces kids ages 2–5 to pickleball and tennis through fun, age-appropriate games and activities. This program's focus is building motor skills, coordination, and confidence using colorful targets, creative drills, and movement. It's a lively, engaging program designed to spark a love for racket sports-and make each week something to look forward to! **Parents must accompany children on court.**

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd

Fall Session: Wednesdays September 10 – October 8 (5)

Fall 2 Session: Wednesdays October 22 – November 19 (5)

| | | |
|------------------|-----------------|------------|
| Session 1 | 10:00 – 10:30am | Ages 2 – 3 |
| Session 2 | 10:30 – 11:00am | Ages 4 – 5 |

Fee: Per Session Resident/\$115 Non-Resident/\$138

Group Limit: 6 Participants

NEXT LEVEL SPORTS



Next Level Sports (NLS®) develops the leadership potential of today's youth to achieve their personal best in academics and sports through skill-based programs that teaches positive values, wellness, responsibility, conflict resolution, and goal setting. NLS offers basketball, football and track programs, as well as week long summer camps.

[To register for any NLS Program, please visit www.nlsports.org](http://www.nlsports.org)

CHEERLEADING, E&E CHEER PREP

Ages 5 – 10



E&E Cheer offers a fun and engaging cheerleading program designed for elementary school students. E&E Cheer weekly 60-minute classes focus on foundational cheerleading skills, including motions, jumps, and basic stunting, while emphasizing safety, teamwork, and confidence building. This program provides an essential introduction to the sport, giving children a chance to explore cheerleading in a supportive and accessible environment. Students will learn age-appropriate routines tailored to their developmental stage. The program includes core strength and flexibility exercises, team-focused games to keep engagement high, and concludes with an end-of-session showcase for family and friends. All activities are designed to promote physical fitness, coordination, and positive team spirit.

For more information, visit www.eecheer.com.

Location: Ashbridge Park

Dates/Times: Wednesdays 5:00 – 6:00pm

Fall Session: September 17 – October 22 (6)

Fee: Resident/\$198 Non-Resident/\$238

Group Limit: 25 Participants

RHYTHMIC GYMNASTICS

Ages 5 years and older



Rhythmic Gymnastics is the perfect sport to teach body awareness and control - skills that will assist in the development of athletic potential for any sporting endeavor. This is a fascinating Olympic sport that has already gained great popularity in the United States. It is a marvelous blend of traditional gymnastics, dance and ballet with the use of such apparatus as the ribbon, rope, ball, hoop and clubs. It is a sport that develops grace and beauty for young girls and challenges them to exceed while improving their skills in ballet, dance and coordination. In addition to instructional and beginner classes, special hours are offered for our competitive Rhythmic Team. The instructor at Bala Gym is Ms. Valeriya Neikova, an experienced Rhythmic coach from Bulgaria. Give your daughter the right start in life! Let her experience Rhythmic Gymnastics and watch her confidence and self-esteem grow.

For more information, contact Valeriya Neikova at (610)580-4714 or e-mail balagymnastics@gmail.com.

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd

Dates: September 2025 – June 2026

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|--------------|-------------|---------|----------------|--------------------|
| Fees: | Per Session | 1x/week | Resident/\$160 | Non-Resident/\$192 |
| | | 2x/week | Resident/\$300 | Non-Resident/\$360 |

Register for more and SAVE!

FOOT HOCKEY, MAINLINE HOCKEY

Ages 4 – 10



MainLine Hockey's mission is to inspire and empower young athletes through the sport of foot hockey. They believe in fostering teamwork, skill development, and confidence in every child while promoting active lifestyles and a passion for the game. The program is dedicated to creating a fun, inclusive, and competitive environment where kids of all skill levels can thrive. Youth Foot Hockey is designed to introduce children ages 4 to 10 to the fundamentals of hockey in an engaging and safe way—without the need for skates. By focusing on foot-based gameplay, participants develop coordination, agility, and strategic thinking while having a blast in a structured setting.

Location: Lewis J Smith Park Hockey Rink, 122 Mary Waters Ford Road, Bala Cynwyd

Fall Session: Sundays September 14 – October 19 (6)

| | | | |
|------------------|-----------------|------|--------|
| Time/Age: | 9:00 – 9:45am | Ages | 4 – 6 |
| | 10:00 – 10:45am | Ages | 6 – 8 |
| | 11:00 – 11:45am | Ages | 8 – 10 |

Fee: Per Session Resident/\$200 Non-Resident/\$240

Group Limit: 16 Participants

TENNIS, UNIVERSAL RACKETS*Ages 6 – 14*

Universal Rackets, founded by Tyler Stroyek, former Division I Tennis Player and USPTA Certified Tennis Instructor, currently works with over 600+ students in the area and provides world class training to all ages and levels. Tyler and his professional coaching staff do this through simple tips, strategized lesson plans, and an extreme passion for the sport. Universal Rackets looks forward to teaching the fundamentals, techniques and strategies of tennis in a fun, upbeat atmosphere!

Location: McMoran Park

Fee: Per Session Resident/\$150 Non-Resident/\$180

Group Limit: 16 Participants

Fall Session – Saturdays September 6 – October 11 (6)

Beginner/Advanced Beginner 9:00 – 10:00am

Advanced Beginner/Intermediate 11:00am – Noon

Fall Session – Thursdays September 11 – October 16 (6)

Beginner/Advanced Beginner 4:15 – 5:15pm

Fall 2 Session – Saturdays October 25 – November 29 (6)

Beginner/Advanced Beginner 11:00am – Noon

Advanced Beginner/Intermediate 1:00 – 2:00pm

TENNIS, ROYAL T*Ages 7 – 14*

Royal T Tennis will present a challenging, intensive tennis, skill building and tennis fitness educational program. This program has a professional curriculum built to be on par with some of the most successful tennis academies in the world today. The modern tennis method (MTM) originated by Oscar Wegner who has taught many top players such as Rafa Nadal and Bjorn Borg. We use a sport science-based hand and eye exercise program that builds coordination, confidence and skills that provide a springboard to foundational success on the tennis court. We are presenting a program that really teaches tennis and gives children a sense of accomplishment. [For more information, visit www.tuffkidztennisandsoccer.com.](http://www.tuffkidztennisandsoccer.com)

Location: Jack M Barrack Hebrew Academy, 272 S Bryn Mar Ave, Bryn Mawr

Group Limit: 20 Participants

Fall Session – Saturdays September 20 – November 1 (7)

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|----------|-----------------|-------------|----------------|--------------------|
| Beginner | 10:00 – 11:00am | Ages 7 – 14 | Resident/\$160 | Non-Resident/\$192 |
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|--------------|-------------------|-------------|----------------|--------------------|
| Intermediate | 11:00am – 12:30pm | Ages 7 – 14 | Resident/\$180 | Non-Resident/\$216 |
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Fall Session – Sundays September 21 – November 2 (7)

| | | | | |
|----------|-----------------|-------------|----------------|--------------------|
| Beginner | 10:00 – 11:00am | Ages 7 – 14 | Resident/\$160 | Non-Resident/\$192 |
|----------|-----------------|-------------|----------------|--------------------|

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|--------------|-------------------|-------------|----------------|--------------------|
| Intermediate | 11:00am – 12:30pm | Ages 7 – 14 | Resident/\$180 | Non-Resident/\$216 |
|--------------|-------------------|-------------|----------------|--------------------|

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|----------|---------------|-------------|----------------|--------------------|
| Advanced | 3:30 – 5:00pm | Ages 7 – 17 | Resident/\$190 | Non-Resident/\$228 |
|----------|---------------|-------------|----------------|--------------------|

TENNIS – INDOOR, PAM RENDE/L3 TENNIS*Ages 4 – 18*

Tennis for beginner, advanced beginner and intermediate levels. Learn the FUNdamentals of the game including the grips, the strokes, scoring with point play and match play all while having fun! Matchplay and strategy for advanced players.

Location: Radnor Racquet Club, 175 King of Prussia Road, Radnor

Dates: Sundays October 5 – November 23 (8)

Session 1: 3:00 – 4:00pm Beginner and Advanced Beginner

Session 2: 4:00 – 5:00pm Beginner and Advanced Beginner

Session 3: 5:00 – 6:00pm Advanced Beginner & Intermediate

Session 4: 6:00 – 7:00pm Advanced Beginner & Intermediate

Fee: Per Session Resident/\$185 Non-Resident/\$215

PICKLEBALL – INDOOR – YOUTH, UNIVERSAL RACKETS**Ages 6 – 16**

Universal Rackets Junior Pickleball Clinics are designed to provide a supportive environment where players can build their skills and passion for the game. Sessions focus on development through engaging, high-energy instruction, ensuring players build confidence and improve in a fun and positive setting.

Group Limit: 16 Participants**Location:** Bala Gym, 49 Bala Avenue, Bala Cynwyd**Fall Session:** Saturdays September 6 – October 4 (5)**Fall 2 Session:** Saturdays October 18 – November 15 (5)

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|----------------|----------------|--------------|----------------|--------------------|
| Level 1 | 12:30 – 1:30pm | Ages 6 – 14 | Resident/\$150 | Non-Resident/\$180 |
| Level 2 | 1:30 – 2:30pm | Ages 6 – 14 | Resident/\$150 | Non-Resident/\$180 |
| Level 3 | 2:30 – 4:00pm | Ages 10 – 16 | Resident/\$175 | Non-Resident/\$210 |

SOCCER – INDOOR, SOCCER SHOTS

Soccer Shots is the premier intro to soccer program in the United States teaching children soccer and character development through its innovative curriculum and imaginative games.

For more information, visit www.soccershots.org.

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd**Fee:** Per Session Resident/\$135 Non-Resident/\$162**Minis** *(Parents accompany children on field)***Ages 1.5 – 3**

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Session 1: Thursdays 9:00 – 9:30am November 6 – December 18 (6) No Class Nov 27**Session 2:** Sundays 9:00 – 9:30am November 9 – December 21 (6) No Class Nov 30**Classic****Ages 3 – 5**

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.

Session 1: Thursdays 9:40 – 10:20am November 6 – December 18 (6) No Class Nov 27**Session 2:** Sundays 8:15 – 8:55am November 9 – December 21 (6) No Class Nov 30**Session 3:** Sundays 9:35 – 10:15am November 9 – December 21 (6) No Class Nov 30**Premier****Ages 5 – 8**

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

Session 1: Sundays 10:20 – 11:00am November 9 – December 21 (6) No Class Nov 30**BASKETBALL, US SPORTS INSTITUTE****Ages 4 – 8**

The US Sports Institute offers basketball programs for players ages 4-8 of all ability levels looking to learn and develop basketball skills, strategy, and technique. USSI's basketball players will be sure to improve skills and learn the importance of teamwork in this fast-paced, exciting sport.

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd**Fall 2 Session:** Saturdays November 15 – December 13 (5)

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|-------------------------------|-----------------|------------|-------------------------------------|
| Squirts Basketball | 8:00 – 8:45am | Ages 4 – 5 | Group Limit: 20 Participants |
| Skills & Scrimmage | 9:00 – 9:50am | Ages 5 – 7 | 24 Participants |
| | 10:00 – 10:50am | Ages 5 – 7 | 24 Participants |
| | 11:00 – 11:50am | Ages 5 – 7 | 12 Participants |
| | 11:00 – 11:50am | Ages 7 – 8 | 12 Participants |

Fee: Per Session Resident/\$145 Non-Resident/\$174



Hiking Hound Adventures, LLC is a woman owned, family operated small business who wants to get everyone outdoors. With Hiking Hound Adventures, LLC it's not just a hike or a paddle. The goal is to connect everyone with nature and build fundamental outdoors skills to make sure clients are safe and confident when heading outside. They want to help individuals and families grow and be successful in their outdoor pursuits. Making sure adventures form memories that last a lifetime. [For more information, visit www.hikinghoundadventures.com](http://www.hikinghoundadventures.com).

Little Tykes Go On Hikes *(Parents accompany children on hike)* Ages 3+

Hiking with kids can be an intimidating topic. During this 45-minute course, Hiking Hound Adventures, LLC will be on the trail with little ones and their guardians to tackle some of the most asked questions surrounding taking kids into the woods. Through fun games and hands-on activities, we cover safety, choosing the right trail, packing considerations, and much more!

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|-------------------------------------|-------------|---------------|-----------------------|
| Nature BINGO! Hike | October 12 | Noon – 1:00pm | Rolling Hill Park |
| Storybook Hike | November 16 | 3:00 – 4:00pm | Wynnewood Valley Park |
| Fee: | Per Session | Resident/\$12 | Non-Resident/\$15 |
| Group Limit: 10 Participants | | | |

Little Tykes Go On Hikes – Treats on the Trail *(Parents accompany children on hike)* Ages 3+

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|-------------------------------------|--------------|---------------|-----------------------|
| Ice Cream Hike | September 19 | 6:00 – 7:00pm | Rolling Hill Park |
| Hot Chocolate Hike | December 14 | 3:00 – 4:00pm | Wynnewood Valley Park |
| Fee: | Per Session | Resident/\$20 | Non-Resident/\$24 |
| Group Limit: 10 Participants | | | |

Nature Hike Ages 12+

Take in the beauty of peak autumn color during this relaxing, guided hike. Participants will learn about local ecology, seasonal changes, and enjoy time immersed in the fall landscape. Perfect for adults and teens looking for a peaceful, informative nature walk.

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|-------------------------------------|---------------|-------------------|-------------------|
| Fall Foliage Hike | November 15 | Noon – 1:00pm | Rolling Hill Park |
| Fee: | Resident/\$12 | Non-Resident/\$15 | |
| Group Limit: 14 Participants | | | |

DUNGEONS AND DRAGONS CLUB, GAME ON! Ages 10 – 16



Role Playing Games (RPGs) like Dungeons & Dragons (D&D) are a great way for kids to gain and reinforce social cooperation, critical thinking, and arithmetic skills in a developmentally appropriate, fun environment of epic fantasy quests like those from the Hobbit and Lord of the Rings books and movies. In this weekly Tuesday after school club, experienced Dungeon Masters will guide kids through character creation, followed by role playing in a sustained campaign. Play will concentrate on the basics, so no experience is necessary, but veteran players will also have a blast! [For more information, visit www.gameonphilly.org](http://www.gameonphilly.org).

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|------------------------------------|---|--------------------|--|
| Location: | Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr | | |
| Day/Time: | Tuesdays | 4:30 – 6:30pm | |
| Fall Session: | September 23 – December 2 (10) No Class Nov 4 | | |
| Fee: | Resident/\$225 | Non-Resident/\$270 | |
| Group Limit: 7 Participants | | | |

PLAY-WELL TEKNOLOGIES

Ages 5 – 12



At Play-Well we know kids are naturally gifted creators. They receive added inspiration when they dive into our massive collection of LEGO® with our trained instructors. They will explore the fundamental principles of engineering while building elaborate objects, structures and vehicles. They also learn to collaborate and create without fear of mistakes. The experience is joyful, the

impact long-lasting. Classes are not affiliated with The LEGO® Group. [For more information visit, www.play-well.org.](http://www.play-well.org)

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Day/Time: Thursdays 5:00 – 6:00pm

Fee: Resident/\$150 Non-Resident/\$180

Group Limit: 16 Participants

STEM Discovery using LEGO® Materials

Sept 11 – Oct 16 (6)

Ages 5 – 7

Unleash your creativity with tens of thousands of LEGO® pieces at your fingertips! Build engineer-designed projects as you discover the world around us through our inquiry-based learning model. Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.

STEM Innovations using LEGO® Materials

Oct 30 – Dec 11 (6) No Class Nov 27

Ages 7 – 12

Design and innovate with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects and an inquiry-based learning classroom model. Projects are rotated seasonally to ensure that even returning students get a new experience. Time to see STEM in action!

SHINING KNIGHTS CHESS CLUB

Ages 6 – 13



Knights, captures, action! Whether you are new to the game, learning to push pawns for the first time, or have played in numerous tournaments, and want to sharpen your skills, come to a Shining Knights Chess Club! We have trained numerous state champions and national trophy winner. So, whether you want to win games in your living room against your parents or win

tournaments in other states, come join us and learn how to play chess or play better chess! [For more information, visit www.shiningknightschess.com.](http://www.shiningknightschess.com)

Location: Bryn Mawr Community Center, 9 S Bryn Mawr Avenue, Bryn Mawr

Session 1: Tuesdays 5:30 – 6:30pm September 9 – November 25 (10) No Class Sept 23, Nov 4

Session 2: Wednesdays 5:45 – 6:45pm September 10 – November 19 (10) No Class Sept 24

Fee: Per Session Resident/\$190 Non-Resident/\$228

Group Limit: 28 Participants

MAD SCIENCE WEEKEND WORKSHOP

Ages 6 – 12



Mission — “We aim to spark the imagination and curiosity of children everywhere by providing them with fun, entertaining and educational activities that instill a clear understanding of what science is really about and how it affects the world around them.”

November 15 Creative Chemists – Building with Bonds

Become a creative chemist through the investigation of the periodic table and the atoms that make up everything around us! Make chemical connections between different atomic models using bonds to construct molecules. Whether it is long stretchy chains of molecules in the form of silly putty or structured atoms in the form of crystal gardens, find out how chemistry connects the world.

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue, Bryn Mawr

Date/Time: Saturday 9:30am – 12:30pm

Fee: Resident/\$56 Non-Resident/\$67

Group Limit: 20 Participants

MEDICAL ME

Ages 6 – 12



Medical Me is a fun and engaging STEAM educational enrichment program, bringing medicine, science, and the importance of health to children ages 3 to 17, through interactive classes, camps, and special events. Our Mission is to educate young children with practical lifelong knowledge about medicine, science, and the importance of health. Our goal is to give children a better understanding and respect for the world of medicine, giving them confidence when communicating with their parents and doctors in a more in-depth manner. [For more information, visit www.medicalmemd.com](http://www.medicalmemd.com).

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Day/Time: Wednesdays 5:00 – 6:00pm

Fee: Resident/\$180 Non-Resident/\$216

Group Limit: 12 Participants

Veterinary Medicine Resident September 10 – October 15 (6)

Enjoy unparalleled opportunities, young animal enthusiasts are invited to dive into the exciting world of veterinary care for house pets. This unique experience blends fun, education, and hands-on activities to inspire the next generation of pet caregivers and Veterinarians. Learn the essentials of caring for common house pets such as dogs, cats, birds, and small mammals like rabbits and guinea pigs

Future Surgeons October 29 – December 10 (6) No Class Nov 26

Get ready to scrub in! Paging all future surgeon. You will have a great opportunity to role play as a surgeon while learning the importance of surgery, different types of surgeries, how surgeons prepare for procedures, and the tools used during surgery. Hands-on activities like using safe medical instruments and dressing up in surgical attire to help make the learning experience more interactive. The class should also emphasize the importance of safety, hygiene, and taking care of one's health to promote a positive understanding of surgery among children.

BUILT BY ME

Ages 7 – 12



Built by Me offers STEM robotics and coding programs geared to children in grades 1 – 5. Our mission is to teach children to create via technology. Our programs are all interactive, collaborative, hands-on,

project-based, and focused on using technology to create and learn new skills while having fun! Within our tight age ranges we break our classes down even further, grades 1 – 3 and 3 – 5, so children can gain the appropriate skills at their level of maturity. [For more information, visit www.builtbyme.com](http://www.builtbyme.com).

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Days: Mondays September 29 – November 3 (6)

Fee: Per Session Resident/\$188 Non-Resident/\$226

Group Limit: 10 Participants

LEGO® Robotics & Coding – Science Exploration 5:00 – 6:00pm Ages 7 – 9

Enhance your child's STEM knowledge while building and programming their own robots, unleashing their creativity along the way. This fun, interactive program will introduce students to coding and robotics using LEGO® Spike Essential Robotics Sets. Children will work in pairs on guided projects focused on the sciences - physical, life and earth & space - defining problems and brainstorming solutions, as they build innovative prototypes. Join us for an inspiring journey!

LEGO® Robotics & Coding with Scratch MIT – Mechanisms Mashups 6:15 – 7:15pm Ages 9 – 12

This engaging program immerses students in the world of engineering, robotics, and coding using LEGO® Spike Essential Robotics Construction Sets. Working in pairs, students will build a variety of models and bring them to life by programming them with Scratch MIT, a block-based coding platform. Through hands-on activities, students will strengthen their engineering design skills by identifying problems, developing creative solutions, and testing their prototypes. Along the way, they'll deepen their understanding of STEM and build lasting confidence. Don't miss this inspiring journey into innovation!



Kids Look Listen Create teaches classical music and fine art appreciation programs with stories, games, movement, and crafts. Their mission is to expose young children to classical music and fine art through active engagement, stimulate imagination and encourage unlimited interpretations of works of art and classical music, promote childhood creativity and play by offering creative movement and open-ended crafts, and encourage ecological values by using natural and recyclable materials during the crafts. [For more information, visit www.kidslooklistencreate.com.](http://www.kidslooklistencreate.com)

Location: Bryn Mawr Community Center, 9 S Bryn Mawr Avenue, Bryn Mawr

Day/Time: Fridays 5:00 – 6:00pm

Fee: Per Session Resident/\$75 Non-Resident/\$90

Group Limit: 12 Participants

Let's Play with Classical Music and Make Crafts

September 19 – October 17 (5)

Who said classical music should be serious? Let's play with it, practice listening, move, and make crafts. Every week, children will listen to classical music revolving around one topic (fairytale characters, spooky characters, animals, instruments, and dances). They will listen to music by Tchaikovsky, Wagner, Brahms, Offenbach, Chopin, and many other beloved composers. Each class will be finished with an open-ended craft inspired by children's experiences during the class and the presented materials.

Classical Music with Stories, Games, and Crafts

November 7 – December 12 (5) No Class Nov 28

Discover how much fun classical music is! Every week, get acquainted with a new piece of classical music, listen to a story, play games, and make crafts! We will listen to the following pieces of classical music by famous composers: Vivaldi's Autumn, Saint-Saëns's The Carnival of the Animals, Grieg's Peer Gynt, Dukas's The Sorcerer's Apprentice, and Mozart's The Magic Flute. Each class will be finished with an open-ended craft inspired by children's experiences during the class and the presented materials.

VAC ENRICHMENT

Ages 5 – 11



During VAC Enrichment programs, students not only learn, but also identify ways to give back to the community with their learnings under the guidance of experienced teachers.

This is different from other programs in that students immediately see the impact they're making, sparking an interest in entrepreneurship and community service. The curriculum is based around the principle that every session, students experience a personal growth moment by completing something entrepreneurial that they can show off to others in their lives. [For more information visit www.vineyardappcamp.com.](http://www.vineyardappcamp.com)

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Days: Fridays October 3 – November 14 (6) No Class Oct 31

Fee: Per Session Resident/\$173 Non-Resident/\$208

Cooking through History

5:00 – 6:00pm

Ages 5 – 8

In this course, we will journey through history by exploring the diverse cuisines that have shaped cultures and societies across the globe. Each session will focus on a different historical period or region, delving into the ingredients, cooking methods, and culinary traditions that defined the era. From ancient civilizations to modern-day culinary trends, students will discover how food has influenced historical events, trade, and cultural exchanges. Through discussions, hands-on activities, and tasting experiences, this course offers a unique perspective on history—through the lens of the food that sustained and inspired people throughout the ages.

Pokémon: Build and Battle

6:15 – 7:15pm

Ages 8 – 11

Welcome to Pokémon: Build & Battle, where the world of Pokémon meets math, literacy, and strategic thinking! This program invites young trainers to explore the art of building powerful Pokémon trading card decks, while developing essential skills in problem-solving, mathematics, literacy, and strategic decision-making. Students will have the chance to battle each other within a fun, competitive, and supportive learning environment. Each day will focus on building different aspects of the game—deck construction, understanding card abilities, math for calculating damage, reading comprehension for card details, and strategy for winning battles. By the end of the program, students will participate in a culminating tournament where they can showcase their skills!

ABRAKADOODLE



Abrakadoodle is the global leader in visual arts education, bringing art classes, camps and special art events to children ages 20 months through 14 years of age. Abrakadoodle teachers bring exciting lessons and a wide variety of art materials

while introducing children to artists, art vocabulary and techniques from around the world!

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Days: Saturdays September 20 – November 22 (10)

Group Limit: 16 Participants

Twoosy Doodlers – Pets and Puppies

9:00 – 9:45am

Ages 1.5 – 3

Hop, pounce, or bark your way into these unique, vibrant, creations of Pets and Puppies! Our developing artists will explore exceptional projects inspired by innovative artists and pets! These colorful pets will soar into your hearts and homes as you have a PET-tastic time experimenting with painting, collage, sculptural art and more!

Fee: Resident/\$190

Non-Resident/\$228 *Material Fees Included in Pricing

Mini Doodlers – Kids on Canvas

10:00 – 10:45am

Ages 3 – 5

These are no ordinary paintings! Get ready for a Kids on Canvas® painting adventure that features fabulous artists, acrylic painting techniques, and most importantly, buckets of fun! Create paintings that explore patterns, include texture, and incorporate design while learning about the great Dutch master Vincent van Gogh, renowned Japanese artist Katsuhiko Hibino, colorful Brazilian artist Romero Britto, and celebrated Cuban painter Amelia Peláez. We also have some super, Picasso-style fun!

Fee: Resident/\$190

Non-Resident/\$228 *Material Fees Included in Pricing

Doodlers – Kids on Canvas

11:00am – Noon

Ages 5 – 12

These are no ordinary paintings! Get ready for a Kids on Canvas® painting adventure that features fabulous artists, acrylic painting techniques, and most importantly, buckets of fun! Create paintings that explore patterns, include texture, and incorporate design while learning about the great Dutch master Vincent van Gogh, renowned Japanese artist Katsuhiko Hibino, colorful Brazilian artist Romero Britto, and celebrated Cuban painter Amelia Peláez. We also have some super, Picasso-style fun!

Fee: Resident/\$200

Non-Resident/\$240 *Material Fees Included in Pricing

ABRAKADOODLE, PARENTS NIGHT OUT

Ages 5 – 12

Leave the gift making to us including the cards! Make a reservation and drop your child off for Arty Night Out! Your child will explore different artists, techniques, and medium! They may meet new friends, have a ton of fun and will come home with two completed projects that can be used for gifts or add a little more for your home décor!

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Date: Friday, December 12

Time: 5:30 – 8:30pm

Fee: Resident/\$50

Non-Resident/\$60

*Material Fees Included in Pricing

Group Limit: 16 Participants

SCHOOL'S OUT PROGRAMS

ABRAKADOODLE, SCHOOL'S OUT

Ages 5 – 12



Let Abakadoodle help you decide where to send the kids while they are off from school! Every school day out programming is different and participants will create unique projects every session, exploring different arty techniques and themes!

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Group Limit: 16 Participants

| | | | | |
|--------------------|------------|---------------|---------------|-------------------|
| Times/Fees: | AM Session | 9:00am – Noon | Resident/\$60 | Non-Resident/\$72 |
| | PM Session | 1:00 – 4:00pm | Resident/\$60 | Non-Resident/\$72 |

FAB – Fun and Beautiful

What we create is FAB – Fun and Beautiful as we explore watercolor techniques, papers, 3D art and perspective. Design FUN art featuring unique masks, fish that grow and even lovable minions. Create BEAUTIFUL art as we fold and cut paper in unique ways, paint tonal gradations, learn to crop images, and invent your own designs. Let your creativity flow to make FAB art!

Dates: Tuesday, September 23
Wednesday, September 24

World Celebrations

Become a global artist discovering luminous celebrations around the world! Shine a little love as you visit gardens in Ireland, play hide-n-seek in the Ukraine and create happy and surprised pumpkin faces as you discover traditions in Scotland. Grab your lantern to light the way for an exploration of feathery painting, collage, stamping, weaving and much more. Join us for one or all 4 days out to explore all of the World Celebrations Abakadoodle highlights!

Dates: Thursday, October 2
Friday, October 31
Wednesday, November 26

If you give a Mouse a Paintbrush

This camp centers around the popular children's book series that features a mouse, a pig and a moose! Campers will create some very cool art by painting, printing, stamping and designing. They'll have great fun with experimentation. If you give a child imaginative art supplies, there's no telling what he or she will create! Fueled by music, games and fun activities, children's imaginations are sure to go wild!!!

Dates: Monday, December 29
Tuesday, December 30
Wednesday, December 31 (AM Only)

SOCCEER, R5 SPORTS, SCHOOL'S OUT

Ages 5 – 14



R5 Sports is a youth sports training company that runs active sports programs and camps. R5 Sports specializes in youth soccer programs and has an extensive summer camp program. This 3-hour soccer program will work on ball skill techniques, tactical understanding (1v1's), passing and shooting. We will start with a dynamic warm up and finish with small sided games.

Location: South Ardmore Park

Times: 9:00am – Noon

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|---------------|-----------------------|-------------------------|---------------------|
| Dates: | Tuesday, September 23 | Wednesday, September 24 | Thursday, October 2 |
| | Friday, October 31 | Tuesday, November 4 | |

| | | | |
|-------------|-------------|---------------|-------------------|
| Fee: | Per Session | Resident/\$65 | Non-Resident/\$78 |
|-------------|-------------|---------------|-------------------|



Mission — “We aim to spark the imagination and curiosity of children everywhere by providing them with fun, entertaining and educational activities that instill a clear understanding of what science is really about and how it affects the world around them.” **FULL DAY and HALF DAY OPTIONS!**

Location: Bryn Mawr Community Center, 9 S Bryn Mawr Avenue, Bryn Mawr

Time/Fee:

| | | | |
|----------|-----------------|----------------|--------------------|
| AM Only | 9:00am – Noon | Resident/\$56 | Non-Resident/\$67 |
| Full Day | 9:00am – 3:30pm | Resident/\$106 | Non-Resident/\$127 |

**Lunch from Noon – 12:30pm – Please send with a packed lunch*

Group Limit: 20 Participants

Tuesday, September 23

Full Day Detective Science / Lasers and Optics

AM Only Detective Science

Lasers and Optics

Become immersed in the world of lasers, light, and color! Discover how laser light differs from white light as we bend & shine beams of light all around the room and dissect white light with our special specs! Witness a small indoor fireworks display to show how different metals react to heat, and learn about tricks our eyes play on us by experimenting with mirrors and optical illusions!

Detective Science

Help solve the Bustertown Bake-Off Mystery! We’ve been asked to help the police investigate the scene of the “crime;” we’ll dust for fingerprints, examine clues, analyze different powders and interview witnesses. Help figure out whodunit!

Wednesday, September 24

Full Day LEGO® – BRIXology – Carnivals / LEGO® – BRIXology – Creatures

AM Only LEGO® – BRIXology – Carnivals

LEGO® – BRIXology – Creatures

Explore the science and engineering that lets humans invent new things based on solutions found in nature! Through the engineering design process become bio engineers solving problems with biomimicry. Put together a wind-up peacock puzzle that can move to take home!

LEGO® – BRIXology – Carnivals

Explore the science and engineering that lets humans design and build exciting rides at carnivals and amusement parks. Through the engineering design process become mechanical engineers solving problems with creative solutions. Construct a miniature swinging viking ship ride to take home.

Thursday, October 2

Full Day Jr Naturalist / Jr Geologist

AM Only Jr Naturalist

Jr Geologist

Calling all Jr Geologists! Unearth the rock cycle and discover the difference between sedimentary, metamorphic, and igneous rocks. Replicate rumbling earthquakes and explosive volcanoes, pan for gems, and create a sedimentary stacker to take home!

Jr Naturalists

Beaks, talons & claws! Owl pellets, camouflage and critters’ paws! We will dissect owl pellets and build houses for bugs and birds alike. Join us for all these activities and more in our nature discovery workshop!

Monday, December 29

Full Day Roving Rovers / Rocketry

AM Only Roving Rovers

Rocketry

Here is your chance to be a rocket scientist! Investigate the four forces of flight as you race through space learning the basics of rocket travel. Build your own Mad Science rocket to take home. If we have fair skies, we’ll even see the principles of propulsion at work with a real rocket launch!

NASA: STEM Explorers – Roving Rovers

Developed in partnership with NASA, we will think and act like NASA innovators during this hands-on program inspired by NASA OPSPARC. After receiving your mission notebook, you will design and build a Mars Rover. Your rover will be tested over various obstacles to ensure it can navigate Mars’ brutal terrain. From mission patches to engineering for space NASA Roving Rovers is out of this world!

GEOVENTURES, SCHOOL'S OUT

Ages 6 – 12



Geoventures is an outdoor programming company working with recreation departments and educational organizations to provide a variety of quality programs connecting children to nature. Our mission is to get more kids outside building knowledge and affection for nature through play.

Location: Wynnewood Valley Park

Time: 9:00am – 3:00pm

Fee: Per Session Resident/\$65 Non-Resident/\$78

Group Limit: 25 Participants

Tuesday, September 23 Nature Adventures Camp, Part 1

At Nature Adventures camp we will be building forts, playing games, making nature art and encountering creatures. Come for a great day of natural adventure!

Wednesday, September 24 Nature Adventures Camp, Part 2

Get ready to uncover the mysteries of nature one adventure at a time. With tracks as our guide we will learn more about our animal neighbors, explore ecosystems and have exciting treasure hunts.

Thursday, October 2 Wild About Art

The best art is made where the wild things are! Beginners to passionate young artists are welcome to grow wild about art with us! This camp brings together an exploration of nature with a chance to be a creator. We'll learn about using natural materials to make paintings, sculptures, pressed art and more.

Friday, October 31 Halloween Geocaching Treasure Hunt

Celebrate Halloween with this playfully spooky (not scary) geocaching treasure hunt! Experienced staff will guide you during this active camp as you learn how to use a GPS unit for geocaching. Explore the outdoors with a series of clues leading you through a course of hidden surprises. Tons of Halloween themed clues, games and prizes, but no candy will be no given out - save space for tonight!

Tuesday, November 4 Spy Adventure Training

As spies in training we will become experts in the art of disguise, code-breaking, surveillance, stealth and leaving no trace. As a team, we will solve mysteries, write invisible messages, navigate challenging obstacle courses and try to discover the double-agent.

MEDICAL ME, SCHOOL'S OUT

Ages 6 – 12



Medical Me is a fun and engaging STEAM educational enrichment program, bringing medicine, science, and the importance of health to children ages 3 to 17, through interactive classes, camps, and special events. Our Mission is to educate young children with practical lifelong knowledge about medicine, science, and the importance of health. Our goal is to give children a better understanding and respect for the world of medicine, giving them confidence when communicating with their parents and doctors in a more in-depth manner. [For more information, visit www.medicalmemd.com.](http://www.medicalmemd.com)

Location: Bryn Mawr Community Center, 9 S Bryn Mawr Avenue, Bryn Mawr

Time: 9:00am – 3:00pm

Fee: Per Session Resident/\$125 Non-Resident/\$150

Group Limit: 15 Participants

Friday, October 31 Family Medicine

Paging all future doctors and scientists. Come role play, draw, work with models, and develop useful skills. Think critically and creatively while being introduced to real tools and equipment used in the medical field. Most importantly, have fun as you learn about different types of doctors!

Wednesday, November 26 Reptiles Rangers

Join Medical Me staff for a super reptilian adventure! This interactive Reptile Rangers herpetology program is designed for those who are fascinated with snakes, lizards, turtles, frogs, and all things herpetological. Enjoy activities to engage and educate you about these incredible creatures in a safe and supportive environment.

Friday, November 28 Dental

Paging all future surgeons, dentists and scientists! Spend your day off role playing as a dentist. Play games and use models that help you understand what it's like to be in the operating room. making mouth models like a dentist and practicing with dental tools!

Tuesday, December 30 Veterinarian Medicine

Come role play, draw, practice medical procedures, and develop useful skills in the field of Veterinary medicine. Think creatively while being introduced to the day-to-day experience of a veterinarian. Have fun as you learn about different types of veterinarians

ULTIMATE FRISBEE, SCHOOL'S OUT

Ages 7 – 15



Join Phoenix Ultimate Academy for School's Out Clinics this fall! The program will feature a variety of frisbee games and drills, plus skills instructions from our talented pro-league coaches!

For more information, visit www.phoenixulti.com/collections/camps.

Location: Bala Cynwyd Park

Dates: Tuesday, September 23

Thursday, October 2

Tuesday, November 4

| | | | | |
|--------------------|----------|-----------------|---------------|-------------------|
| Times/Fees: | AM Only | 9:00am – Noon | Resident/\$45 | Non-Resident/\$54 |
| | Full Day | 9:00am – 3:00pm | Resident/\$75 | Non-Resident/\$90 |

HARRITON HOUSE, SCHOOL'S OUT

Ages 8 – 12



Join us for a day of history at our “School’s Out @ Harriton House” activities. Our engaging programs include hands-on activities centered on the 300+ years of history at Harriton House. Best suited to children ages 8 – 12, the programs feature small class sizes to bring history to life in a meaningful way. Harriton House was built between 1702 and 1704 for Rowland Ellis, a

Welsh Quaker, originally called Bryn Mawr, the house was renamed by second owner Richard

Harrison in 1720. Today’s Harriton House and Park is approximately 13 acres left of Ellis’ original 690 acres. The Harriton Association operates the historic house for the Township of Lower Merion, offering programs, public and school tours, preserving and restoring Harriton House, and other amenities within in the Park.

Location: Harriton House, 500 Harriton Road, Bryn Mawr

Time: 10:00am – 3:00pm

Fee: Resident/\$60 Non-Resident/\$72

Group Limit: 8 Participants

Friday, October 31

Harvest Fare

Participants will learn about cooking in the late 18th century by preparing fall recipes using fruits and vegetables that were once grown at Harriton. The menus will include both sweet and savory dishes such as baked apples, cornbread, and pumpkin soup. We’ll start by laying and lighting a good cooking fire and follow simple techniques and a historic recipe to make the meal. Participants will use kitchen tools such as knives, heavy pots, and pans, and will be working around the fire. A list of ingredients and safety tips will be distributed upon registration. Students should bring a re-fillable water bottle and should wish to bring lunch as an alternative to what is being cooked.

ADULT PROGRAMS

HIKING HOUND ADVENTURES



Hiking Hound Adventures, LLC is a woman owned, family operated small business who wants to get everyone outdoors. With Hiking Hound Adventures, LLC it's not just a hike or a paddle. The goal is to connect everyone with nature and build fundamental outdoors skills to make sure clients are safe and confident when heading outside. They want to help individuals and families grow and be successful in their outdoor pursuits. Making sure adventures form memories that last a lifetime. [For more information, visit www.hikinghoundadventures.com](http://www.hikinghoundadventures.com).

Tails on Trails: Intro to Hiking with Dogs

Rolling Hill Park

This comprehensive course covers everything that you need to know to embark on hiking adventures with your dog confidently. It begins with essential safety tips, so you can keep your pup protected from the elements and potential hazards. Learn how to properly equip your dog with the right gear and understand the best practices for handling different trail conditions. Trail etiquette is a key focus in Tails on Trails -- discover how to navigate shared paths courteously, ensuring that your hiking experience is enjoyable for everyone. Leave No Trace principles are another crucial element of this course. You will learn you how to minimize your environmental impact and ensure that you and your pup leave the trails just as beautiful as you found them.

Date/Time: September 25 6:00 – 6:45pm
Fee: Resident/\$20 Non-Resident/\$24
Group Limit: 6 Participants

TENNIS, UNIVERSAL RACKETS

Ages 18+



Universal Rackets, founded by Tyler Stroyek, former Division I Tennis Player and USPTA Certified Tennis Instructor, currently works with over 600+ students in the area and provides world class training to all ages and levels. Tyler and his professional coaching staff do this through simple tips, strategized lesson plans, and an extreme passion for the sport. Universal Rackets looks forward to teaching the fundamentals, techniques and strategies of tennis in a fun, upbeat atmosphere!

Location: McMoran Park
Fee: Per Session Resident/\$180 Non-Resident/\$216
Group Limit: 16 Participants

Saturdays Adult – All Levels

Fall Session: September 6 – October 11 (6) 10:00 – 11:00am
Fall 2 Session: October 25 – November 29 (6) Noon – 1:00pm

Thursdays Adult – All Levels

Fall Session: September 11 – October 16 (6) 5:15 – 6:15pm

TENNIS – INDOOR, PAM RENDE/L3 TENNIS

Ages 18+



Looking for a great way as a beginner to learn the game? Or are you an intermediate who has not played in a while and are looking for a way to get out, play points and get a good workout? This is it! Taught by certified pros in a fun and enjoyable way you will gain sport knowledge while having fun and hitting lots of balls.

Location: Radnor Racquet Club, 175 King of Prussia Road, Radnor
Dates: Sundays October 5 – November 23 (8)
Session 5: 7:00 – 8:00pm Adult & Teen – All Levels
Fee: Per Session Resident/\$185 Non-Resident/\$215

PICKLEBALL, UNIVERSAL RACKETS*Ages 18+*

Universal Rackets is a pickleball and tennis company that specializes in clinics, private instruction, tournaments for all ages/levels. All staff are PPR/USPTA certified. Universal's mission is to teach tennis/pickleball to all ages/levels through high energy, upbeat and personalized instruction.

Fee: Per Session Resident/\$210 Non-Resident/\$252

Group Limit: 12 Participants

| Fall – Sundays | Sept 7 – Oct 5 (5) | Wynnewood Valley Park |
|-----------------------|---------------------------|------------------------------|
|-----------------------|---------------------------|------------------------------|

| | |
|-------------------|----------------|
| Advanced Beginner | 9:00 – 10:30am |
| Intermediate Plus | 10:30am – Noon |
| Beginner | Noon – 1:30pm |

| Fall – Tuesdays | Sept 9 – Oct 7 (5) | Bala Ave Park |
|------------------------|---------------------------|----------------------|
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|-----------------------|---------------|
| Beginner/Intermediate | 3:30 – 5:00pm |
| Intermediate Plus | 5:00 – 6:30pm |

| Fall 2 – Sundays | Oct 19 – Nov 16 (5) | Wynnewood Valley Park |
|-------------------------|----------------------------|------------------------------|
|-------------------------|----------------------------|------------------------------|

| | |
|-------------------|----------------|
| Advanced Beginner | 9:00 – 10:30am |
| Intermediate Plus | 10:30am – Noon |
| Beginner | Noon – 1:30pm |

| Fall 2 – Tuesdays | Oct 21 – Nov 18 (5) | Bala Ave Park |
|--------------------------|----------------------------|----------------------|
|--------------------------|----------------------------|----------------------|

| | |
|-----------------------|---------------|
| Beginner/Intermediate | 1:30 – 3:00pm |
| Intermediate Plus | 3:00 – 4:30pm |

PICKLEBALL – INDOOR, UNIVERSAL RACKETS*Ages 18+*

Universal Rackets is a pickleball and tennis company that specializes in clinics, private instruction, tournaments for all ages/levels. All staff are PPR/USPTA certified. Universal's mission is to teach tennis/pickleball to all ages/levels through high energy, upbeat and personalized instruction.

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd

Fee: Per Session Resident/\$210 Non-Resident/\$252

Group Limit: 8 Participants

| Fall Indoor – Tuesdays | Sept 9 – Oct 7 (5) |
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| | |
|-------------------|----------------|
| Beginner | 8:00 – 9:30am |
| Intermediate Plus | 9:30 – 11:00am |
| Beginner | 7:45 – 9:15pm |

| Fall Indoor – Thursdays | Sept 11 – Oct 9 (5) |
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|--------------------------------|----------------------------|

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|--------------|---------------|
| Intermediate | 7:45 – 9:15pm |
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| Fall Indoor – Fridays | Sept 12 – Oct 10 (5) |
|------------------------------|-----------------------------|
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| | |
|-------------------|----------------|
| Intermediate | 8:00 – 9:30am |
| Advanced Beginner | 9:30 – 11:00am |

| Fall 2 Indoor – Tuesdays | Oct 21 – Nov 25 (5) |
|---------------------------------|----------------------------|
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| | |
|--------------------------|----------------|
| Intermediate | 8:00 – 9:30am |
| Guided Drilling/Strategy | 9:30 – 11:00am |
| Intermediate | 7:45 – 9:15pm |

| Fall 2 Indoor – Thursdays | Oct 23 – Nov 20 (5) |
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| | |
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| Beginner | 7:45 – 9:15pm |
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| Fall 2 Indoor – Fridays | Oct 24 – Nov 21 (5) |
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| | |
|--------------|----------------|
| Beginner | 8:00 – 9:30am |
| Intermediate | 9:30 – 11:00am |

YOGA206 BONE BOOST

Concerned about bone health? Been diagnosed with osteopenia, osteoporosis or a medical condition that might lead to bone loss? Or are you 50+ years old and pro-active about strengthening your bone health for optimal movement? **Join Abby Contract for YOGA206 BONE BOOST.** YOGA206 BONE BOOST is an all-levels 60 minutes mat & chair yoga class focusing on bone strength. Practice movement and breath to benefit body and mind. Yoga is a weight bearing exercise, that with specific poses, uses oppositional forces to stimulate bone cells. Strong bones protect organs, connect joints and support muscles. Improve your body's health and maintain a functional, independent lifestyle of balance, flexibility, and mobility with yoga. Class is intended for participants of all levels, age fifty and over. Participants must be able to safely sit on and rise from a mat.

For more information, email YOGA206@icloud.com or follow YOGA206 on Instagram and Facebook.

Location: Virtual via Zoom

Day/Time: Tuesdays 10:00 – 11:00am

Fee: Resident/\$105 Non-Resident/ \$126

| | | |
|---------------------------------|--------------------|-----------------|
| Free Introductory Class: | Tuesday, August 19 | 10:00 – 11:00am |
|---------------------------------|--------------------|-----------------|

Fall Session: September 2 – October 21 (7) No Class Sept 23

Fall 2 Session: November 4 – December 16 (7)