

Township of Lower Merion Parks & Recreation

RECREATION INFORMATION

WINTER 2025

Lower Merion Township offers a variety of programs, for both children and adults, year-round. Basketball, Pickleball and Tennis Clinics, Yoga Bone Boost Classes, R5 Sports, Soccer Shots, Shining Knights Chess Club, Abrakadoodle Art Classes, Bricks 4 Kidz, Built By Me and Play-Well TEKologies STEM Classes, Mad Science Workshops, VAC Enrichment, Medical Me and Kids Look Listen Learn Create Programs and much more!

Please visit our website www.lowermerionrec.com for a current schedule of programs and classes.

If you do not have on-line access, no need to worry. You can still mail or walk-in to register for programs and pool memberships.

REGISTRATION INFORMATION



You will be considered registered for a program only after the proper forms and fees are received. Payment is due at the time of registration. Checks should be made payable to “**Treasurer, Lower Merion Township**”. Registrations without accompanying fees will NOT be processed. Non-residents (including Narberth Borough) will have a higher registration fee.

Please note, Winter registration will open November 1 (November 15 for Non-Residents).

Nothing stops a program in its tracks faster than everyone waiting until the last minute to register. Many of our programs need a minimum number of participants to run so a program may be cancelled if there are not enough registrants. Minimum number must be reached at least one week prior to the start of the program.

ON-LINE REGISTRATION

The Parks and Recreation Department uses a software system for our Membership and Program Registration. This program enables participants to view programs offered and register on-line (convenience fees may apply). If you have on-line access, please visit www.lowermerionrec.com to create or log in to your account.

MAIL-IN/WALK-IN REGISTRATION

Registration forms can be mailed in or dropped off to our office, located in the Township Administration Building. Envelopes should be addressed as follows:

Lower Merion Township – Parks and Recreation
75 E Lancaster Ave
Ardmore PA 19003

Please note registrations will be processed as received.

CANCELLATION, REGISTRATION AND REFUND POLICY

Please review the policies on-line prior to registering for a program.



PHOTO POLICY

On occasion, we may take photos or video of individuals enrolled in programs or using Township facilities. Please be aware that these images are for Township use and may be used in future promotional materials.

New program idea? Let us know! We are always looking for new programs to offer our residents. Email recreation@lowermerion.org or give us a call 610.645.6220.

WINTER PROGRAMS

BASKETBALL – INDOOR, US SPORTS INSTITUTE

Ages 4 – 8



The US Sports Institute offers basketball programs for players ages 4-8 of all ability levels looking to learn and develop basketball skills, strategy, and technique. With classes ranging from beginner to advanced abilities, we are sure to have something to suit every child. USSI's basketball players will be sure to improve skills and learn the importance of teamwork in this fast-paced, exciting sport.

Location : Bala Gym, 49 Bala Avenue, Bala Cynwyd

Winter Session: Saturdays January 11 – February 8 (5)

Winter 2 Session: Saturdays February 22 – March 22 (5)

Squirts Basketball: 8:00 – 8:45am Ages 4 – 5 **Group Limit:** 20 Participants

Sr Squirts Basketball: 9:00 – 9:50am Ages 5 – 7 **Group Limit:** 24 Participants

Sr Squirts Basketball: 10:00 – 10:50am Ages 5 – 7 **Group Limit:** 24 Participants

Foundation Basketball: 11:00 – 11:50am Ages 7 – 8 **Group Limit:** 24 Participants

Fee: Per Session Resident/\$145 Non-Resident/\$174

SOCCER SHOTS – INDOOR



Soccer Shots is the premier intro to soccer program in the United States teaching children soccer and character development through its innovative curriculum and imaginative games.

For more information, visit www.soccershots.org.

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd

Fee: Per Session Resident/\$152 Non-Resident/\$183

Minis *(Parents accompany children on field)*

Ages 2 – 3

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Session 1: Thursdays 9:00 – 9:30am January 16 – February 27 (7) **Group Limit:** 12 Participants

Session 2: Sundays 9:00 – 9:30am January 19 – March 2 (7) **Group Limit:** 16 Participants

Classic

Ages 3 – 5

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.

Session 1: Thursdays 9:40 – 10:20am January 16 – February 27 (7) **Group Limit:** 12 Participants

Session 2: Sundays 8:15 – 8:55am January 19 – March 2 (7) **Group Limit:** 16 Participants

Session 3: Sundays 9:35 – 10:15am January 19 – March 2 (7) **Group Limit:** 16 Participants

Premier

Ages 5 – 8

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

Session 1: Sundays 10:20 – 11:00am January 19 – March 2 (7) **Group Limit:** 16 Participants

NEXT LEVEL SPORTS



Next Level Sports (NLS®) develops the leadership potential of today's youth to achieve their personal best in academics and sports through skill-based programs that teaches positive values, wellness, responsibility, conflict resolution, and goal setting. NLS offers basketball, football and track programs, as well as week long summer camps.

To register for any NLS Program, please visit www.nlsports.org

SOCCER – INDOOR, R5 SPORTS

Ages 3 – 12



R5 Sports is a youth sports training company that runs active sports programs and camps. R5 Sports specializes in youth soccer programs and has an extensive summer camp program. Players need to bring indoor soccer shoes (or sneakers), a water bottle and shin guards.

For more information, visit www.R5Sports.net.

Location: Bala Gym, 49 Bala Ave, Bala Cynwyd

Group Limit: 12 Participants

Pre-School Soccer

Ages 3 – 5

This soccer program is designed for 3-5yrs. We will work on ABC's -Agility, Balance and Coordination as well as learn the fundamentals of the game through exciting games.

Winter Session: Fridays January 17 – March 14 (8) No Class Feb 14

Session 1: 10:00 – 11:00am

Session 2: 11:00am – Noon

Fee: Per Session Resident/\$200 Non-Resident/\$240

Soccer

Ages 6 – 12

This indoor soccer training program is designed to improve the athlete technically with the foundations of the game. We will be working on dribbling to penetrate, passing combinations, finishing, 1v1 attacking and defending. There will be work on small group tactics (2v1's, 1v2's, 2v2's) to improve the player in these situations. There will be scrimmages as well (3v3's, 4v4's).

Winter Session: Wednesdays January 15 – March 5 (8)

Session 1: 5:30 – 6:45pm Ages 6 – 8

Session 2: 7:00 – 8:15pm Ages 9 – 12

Fee: Per Session Resident/\$225 Non-Resident/\$270

PICKLEBALL – YOUTH – INDOOR, UNIVERSAL RACKETS

Ages 6 – 16



Universal Rackets is a pickleball and tennis company that specializes in clinics, private instruction, tournaments for all ages/levels. All staff are PPR/USPTA certified. Universal's mission is to teach tennis/pickleball to all ages/levels through high energy, upbeat and personalized instruction.

Location : Bala Gym, 49 Bala Avenue, Bala Cynwyd

Winter Session: Saturdays January 11 – February 8 (5)

Winter 2 Session: Saturdays February 22 – March 22 (5)

Session 1: 2:00 – 3:00pm Ages 6 – 11

Session 2: 3:00 – 4:00pm Ages 12 – 16

Fee: Per Session Resident/\$150 Non-Resident/\$180

Group Limit: 16 Participants

TENNIS – INDOOR, DAVID BROIDA

Ages 4 – 18

Learn the fundamentals of the sport, including forehand, backhand, serve & volley, as well as basic offensive & defensive strategy. Instruction will be provided for Beginner & Intermediate players, as well as training for middle & high school tennis team members.

For more information, contact David Broida – dbroida@gmail.com or (610) 864-4303.

Location: Radnor Racquet Club, 175 King of Prussia Road, Radnor

Dates: Sundays January 5 – March 2 (8) No Class Feb 16

Session 6: 3:00 – 4:00pm Beginner and Advanced Beginner

Session 7: 4:00 – 5:00pm Beginner and Advanced Beginner

Session 8: 5:00 – 6:00pm Advanced Beginner & Intermediate

Session 9: 6:00 – 7:00pm Advanced Beginner & Intermediate

Fee: Per Session Resident/\$185 Non-Resident/\$215



TENNIS – INDOOR, ROYAL T

Ages 7 – 14



Royal T Tennis will present a challenging, intensive tennis, skill building and tennis fitness educational program. This program has a professional curriculum built to be on par with some of the most successful tennis academies in the world today. The modern tennis method (MTM) originated by Oscar Wegner who has taught many top players such as Rafa Nadal and Bjorn Borg.

We use a sport science-based hand and eye exercise program that builds coordination, confidence and skills that provide a springboard to foundational success on the tennis court. We are presenting a program that really teaches tennis and gives children a sense of accomplishment.

For more information, contact Jonathan Newman – (610) 585-4420.

Location: Radnor Racquet Club, 175 King of Prussia Road, Radnor

Winter Session: Sundays January 19 – March 2 (7)

Intermediate 11:30am – 12:30pm Resident/\$260 Non-Resident/\$312

Advanced 12:30 – 2:00pm Resident/\$290 Non-Resident/\$348

Group Limit: 10 Participants

QUADBALL/QUIDDITCH – INDOOR, LEVIO LEARNING

Ages 7 – 12



Inspired by fictional quidditch, quadball is a mixed gender sport with a unique combination of elements from basketball, dodgeball, and tag. Students will be learning the non-contact version of the sport including how to score a quaffle, throw a bludger, and catch a snitch for their team! While, the game can appear chaotic to the casual observer, once familiar with the basic rules, quadball is an

exciting team sport to watch and even more exciting to play! **For more information, visit**

www.leviolearning.com

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd

Dates/Times: Saturdays 12:15 – 1:45pm

Winter Session: January 25 – February 22 (5)

Fee: Per Session Resident/\$188 Non-Resident/\$226

Group Limit: 20 Participants

Free Demo Days: Saturday, January 4

Session 1 12:15 – 1:45pm

Session 2 2:00 – 3:30pm

Saturday, January 11

Session 3 12:15 – 1:45pm

RHYTHMIC GYMNASTICS

Ages 5+



Rhythmic Gymnastics is the perfect sport to teach body awareness and control - skills that will assist in the development of athletic potential for any sporting endeavor. This is a fascinating Olympic sport that has already gained great popularity in the United States. It is a marvelous blend of traditional gymnastics, dance and ballet with the use of such apparatus as the ribbon, rope, ball, hoop and clubs. It is a sport that develops grace and beauty for young girls and challenges them to exceed while improving their skills in ballet, dance and coordination. In addition to instructional and beginner classes, special hours are offered for our competitive Rhythmic Team. The instructor

at Bala Gym is Ms. Valeriya Neikova, an experienced Rhythmic coach from Bulgaria. Give your daughter the right start in life! Let her experience Rhythmic Gymnastics and watch her confidence and self-esteem grow.

For more information, contact Valeriya Neikova at (610)580-4714 or e-mail balagymnastics@gmail.com.

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd

Dates: September 2024 – May 2025

Fees Vary: One (1) Month, Three (3) Month, and Six (6) Month Options

Register for more and SAVE!

SHINING KNIGHTS CHESS CLUB

Ages 6 – 13



Knights, captures, action! Whether you are new to the game, learning to push pawns for the first time, or have played in numerous tournaments, and want to sharpen your skills, come to Shining Knights Chess Club! We have trained numerous state champions and national trophy winner. So, whether you want to win games in your living room against your parents or win tournaments in other states, come join us and learn how to play chess or play better chess!

For more information, visit www.shiningknightschess.com

Location: Bryn Mawr Community Center, 9 S Bryn Mawr Avenue, Bryn Mawr
Session 1: Tuesdays 5:30 – 6:30pm January 7 – March 11 (10)
Session 2: Wednesdays 5:45 – 6:45pm January 8 – March 12 (10)
Fee: Per Session Resident/\$175 Non-Resident/\$210
Group Limit: 28 Participants

ABRAKADOODLE



Abakadoodle is the global leader in visual arts education, bringing art classes, camps and special art events to children ages 20 months through 14 years of age. Abakadoodle teachers bring exciting lessons and a wide variety of art materials

while introducing children to artists, art vocabulary and techniques from around the world!

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr
Group Limit: 16 Participants

Twoosy Doodlers (Ages 1.5 – 3) January 11 – March 15 (10) Saturdays 9:00 – 9:45am

Clay Play-Time! Mommy and Me Art Class

Swish, squeeze, roll, pinch and press! It's Clay-Play-Time! Sculpt laughing ladybugs, balloon dogs, fluffy sheep, dazzling dinosaurs and glittery unicorns! Add color to your clay creations with rainbow yarn and watercolor prints! Let happiness guide your clay sculptures!

Fee: Resident/\$190 Non-Resident/\$228 *Material Fees Included in Pricing

Mini Doodlers (Ages 3 – 5) January 11 – March 15 (10) Saturdays 10:00 – 10:45am

Clay Play-Time! Mommy and Me Art Class

Swish, squeeze, roll, pinch and press! It's Clay-Play-Time! Sculpt laughing ladybugs, balloon dogs, fluffy sheep, dazzling dinosaurs and glittery unicorns! Add color to your clay creations with rainbow yarn and watercolor prints! Let happiness guide your clay sculptures!

Fee: Resident/\$190 Non-Resident/\$228 *Material Fees Included in Pricing

Doodlers (Ages 5 – 12) January 12 – March 16 (10) Sundays Noon – 1:00pm

Squeeze, Stretch, and Smush

Squeezing, stretching and smushing a soft material is just the best feeling for fingers! Experiment with ideas from master sculptors and historical objects. Get inspired by African clay pots, ancient bells, Native North American canoes, Katazyryna Kopro sculptures, Claymation characters and much more. Using clay, modern plasticene and Model Magic®, students will learn and practice the possibilities of creating unique three-dimensional objects and feel like an accomplished artist!

Fee: Resident/\$200 Non-Resident/\$240 *Material Fees Included in Pricing

Lower Merion has a number of groups that offer various recreational opportunities for leagues and other activities. Visit our website to view and or print a list of Program Providers with their contact information. Each group conducts their own registration during different times of the year. Please contact them directly if you are interested in any additional information.

KIDS LOOK LISTEN CREATE

Ages 4 – 8



Kids Look Listen Create teaches classical music and fine art appreciation programs with stories, games, movement, and crafts. Their mission is to expose young children to classical music and fine art through active engagement, stimulate imagination and encourage unlimited interpretations of works of art and classical music, promote childhood creativity and play by offering creative movement and open-ended crafts, and encourage ecological values by using natural and recyclable materials during the crafts.

For more information, visit www.kidslooklistencreate.com.

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue, Bryn Mawr
Day/Time: Fridays 5:00 – 6:00pm
Group Limit: 12 Participants

Classical Music January 10 – February 7 (5) Resident/\$75 Non-Resident/\$90

This program will explore a different classical music topic every week including fairytale characters, spooky characters, animals, instruments, and dances. Children will be familiarized with the musical pieces by Mozart, Wagner, Tchaikovsky, Brahms, and many other composers. Kids will be invited to play games and pretend to be different characters with music. Some classes will also feature stories. Each class will include an open-ended craft inspired by the class's topic and presented materials.

Fine Art February 21 – March 28 (6) Resident/\$90 Non-Resident/\$108

In this program, kids will be introduced to famous artists and their art through stories and games. Children will be familiarized with the art of Goya, Klimt, Van Gough, Monet, Cassatt, and Picasso. Also, each class will have an open-ended craft inspired by works of art, stories, and presented materials.

BUILT BY ME

Ages 7 – 12



Built by Me offers STEM robotics and coding programs geared to children in grades 1 – 5. Our mission is to teach children to create via technology. Our programs are all interactive, collaborative, hands-on, project-based, and

focused on using technology to create and learn new skills while having fun! Within our tight age ranges we break our classes down even further, grades 1 – 3 and 3 – 5, so children can gain the appropriate skills at their level of maturity. **For more information, visit www.builtbyme.com.**

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr
Days: Mondays January 27 – March 10 (6) No Class Feb 17
Fee: Per Session Resident/\$188 Non-Resident/\$226
Group Limit: 10 Participants

LEGO® Robotics & Coding – Space Odyssey 5:00 – 6:00pm Ages 7 – 9

This engaging and hands-on program delves into the world of STEM using LEGO® Spike Essential Robotics Sets. Students will have a blast constructing space-themed structures, such as lunar rovers, and coding them to navigate obstacles. Each week, they will embark on a new space exploration project, allowing them to develop coding and problem-solving skills and collaborate as they work with their partner. Through building, programming and testing LEGO prototypes, students will gain confidence, understanding and an appreciation for the wonders of space. Join us for an inspiring journey!

LEGO® Robotics & Coding with Scratch MIT – Funky Innovations 6:15 – 7:15pm Ages 9 – 12

This fun and interactive STEM program will engage students in engineering, robotics, and coding using LEGO® Spike Essential Robotics Sets. Students will develop programming and design skills as they define problems, brainstorm solutions, and test prototypes, such as a trash monster and a high-tech playground. Students will gain confidence and an appreciation for engineering as they challenge their creativity. Join us for an inspiring journey!



At Play-Well we know kids are naturally gifted creators. They receive added inspiration when they dive into our massive collection of LEGO® with our trained instructors. They will explore the fundamental principles of engineering while building elaborate objects, structures, and vehicles. They also learn to collaborate and create without fear of mistakes. The experience is joyful, the impact long-lasting. Our classes are not affiliated with The LEGO® Group. **For more information, visit www.play-well.org**

STEM FUNdamentals with LEGO® Materials

Level up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas.

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Winter Session: January 23 – March 13 (8)

Day/Time: Thursdays 5:00 – 6:00pm

Fee: Resident/\$190 Non-Resident/\$228

Group Limit: 16 Participants

BRICKS 4 KIDZ



Bricks 4 Kidz is back with BRAND NEW and AWESOME LEGO® models for your Master Builder to create! In this After School LEGO® class, your child will learn science, technology, engineering, math and the arts with a different LEGO® model build theme each week. Your Master Builder will have a chance to create motorized LEGO® models. such as a fire truck, spin art, a fast car, and many more, all out of LEGO® bricks! Join us for this AWESOME Fall After School class and try them ALL! Anything is possible in a Bricks 4 Kidz class.

Master Builder

In this After School LEGO® class, your child will learn science, technology, engineering, math and the arts with a different LEGO® model build theme each week. Your Master Builder will have a chance to create motorized LEGO® models, such as a fire truck, spin art, a fast car, and many more, all out of LEGO® bricks! Anything is possible in a Bricks 4 Kidz class. **DON'T MISS THE FUN!**

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Winter Session: January 14 – February 18 (6)

Day/Time: Tuesdays, 5:00 – 6:00pm

Fee: Resident/\$125 Non-Resident/\$150

Group Limit: 16 Participants

DUNGEONS AND DRAGONS CLUB, GAME ON!



Role Playing Games (RPGs) like Dungeons & Dragons (D&D) are a great way for kids to gain and reinforce social cooperation, critical thinking, and arithmetic skills in a developmentally appropriate, fun environment of epic fantasy quests like those from the Hobbit and Lord of the Rings books and movies. In this weekly after school club, experienced Dungeon Masters will guide kids through character creation, followed by role playing in a sustained campaign. Play will concentrate on the basics, so no experience is necessary, but veteran players will also have a blast!

For more information, visit www.gameonphilly.org.

Location: Bryn Mawr Community Center, 9 S Bryn Mawr Avenue, Bryn Mawr

Day/Time: Mondays 4:30 – 6:30pm

Winter Session: January 13 – March 17 (10)

Fee: Resident/\$225 Non-Resident/\$270

Group Limit: 8 Participants

MAD SCIENCE WEEKEND WORKSHOP

Ages 6 – 12



Mission — “We aim to spark the imagination and curiosity of children everywhere by providing them with fun, entertaining and educational activities that instill a clear understanding of what science is really about and how it affects the world around them.”

Location: Bryn Mawr Community Center, 9 S Bryn Mawr Avenue, Bryn Mawr

Date/Time: Sunday 9:30am – 12:30pm

Fee: Per Session Resident/\$55 Non-Resident/\$66

Group Limit: 20 Participants

February 2 Lasers and Optics

Become immersed in the world of lasers, light, and color! Discover how laser light differs from white light as we bend & shine beams of light all around the room and dissect white light with our special specs! Witness a small indoor fireworks display to show how different metals react to heat, and learn about tricks our eyes play on us by experimenting with mirrors and optical illusions!

March 9 Mad Machines

Discover simple machines! Unravel the power of pulleys, build catapults and claw grabber devices! We'll compile all that we've learned & build our own Mad Science Drag Racers to race and take home!

MEDICAL ME

Ages 6 – 12



Medical Me is a fun and engaging STEAM educational enrichment program, bringing medicine, science, and the importance of health to children ages 3 to 17, through interactive classes, camps, and special events. Our Mission is to educate young children with practical lifelong knowledge about medicine, science, and the importance of health. Our goal is to give children a

better understanding and respect for the world of medicine, giving them confidence when communicating with their parents and doctors in a more in-depth manner. [For more information, visit www.medicalmemd.com](http://www.medicalmemd.com).

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr

Day/Time: Wednesdays 5:00 – 6:00pm

Fee: Resident/\$180 Non-Resident/\$216

Group Limit: 20 Participants

Fish Veterinarian – Marine Biology January 8 – February 12 (6)

Into the Sea! Let's explore the sea as we enhance critical thinking through role play! Learn what sea creatures eat and how their digestive system works. Dissect fish and discuss parts of the fish anatomy. Learn all about how to give medicine to animals as small as a porgy and as big as a shark. Hours of interactive instructions teach participants what fish need to survive in a fish tank and in the ocean. At the end of this class, each student receives a fish and fishbowl to take home.

House Pets Veterinarian Kids February 26 – April 2 (6)

Enjoy unparalleled opportunities, young animal enthusiasts are invited to dive into the exciting world of veterinary care for house pets. This unique experience blends fun, education, and hands-on activities to inspire the next generation of pet caregivers and Veterinarians. Learn the essentials of caring for common house pets such as birds, and small mammals like rabbits and guinea pigs, cats and dogs.



Geoventures is an outdoor programming company working with recreation departments and educational organizations to provide a variety of quality programs connecting children to nature. Our mission is to get more kids outside building knowledge and affection for nature through play. Each day will include games, hands-on activities and teamwork.

For more information, visit www.geoventuresinc.com.

Location: Bryn Mawr Community Center, 9 S Bryn Mawr Avenue, Bryn Mawr
Day/Time: Saturdays 9:00am – Noon
Fee: Per Session Resident/\$130 Non-Resident/\$156
Group Limit: 25 Participants

Spy Training January 11 – January 25 (3)

Our spies in training will become experts in the art of disguise, code-breaking, surveillance, stealth and leaving no trace. As a team, we will solve mysteries, write invisible messages, navigate challenging obstacle courses and try to discover the double-agent!

Nature Chemists March 1 – March 15 (3)

Learn about our world through safe and nature-friendly science experiments! Use plants to cause magical color changes! Make non-newtonian slimes, giant bubbles, rainbow volcanos and more. Get ready for some messy chemistry fun!



During VAC Enrichment programs, students not only learn, but also identify ways to give back to the community with their learnings under the guidance of experienced teachers. This is different from other programs in that students immediately see the impact they're making, sparking an interest in entrepreneurship and community service. The curriculum is based around the principle that every session, students experience a personal growth moment by completing something entrepreneurial they can show off to others in their lives. This helps them fall in love with entrepreneurship and feel empowered. For more information, visit www.vineyardappcamp.com.

Cooking Around the World

Does your child have a passion for cooking? Are they ready to experience new foods and expand their little palettes? Our students will be engaged while discovering how to prepare delicious international and American dishes safely and skillfully. Our mini chefs will enjoy exploring diverse recipes from Africa, Asia, Europe, and North and South America, while learning food prep tips and tricks they can use throughout their life. During our sessions, your child will play kids' games from other countries, learn food terms from around the world, and receive simple recipes they can use at home. This course is tailored for younger students and focuses on microwave cooking. Recipes include Italian Lasagna, Ghanaian Fufu Dumplings, Japanese Rice Balls (Onigiri), Mexican Quesadilla and Salsa, American Mug Cake, Chinese Chaofan, and French Fondue.

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Avenue, Bryn Mawr
Day/Time: Fridays 5:00 – 6:00pm
Winter Session: January 24 – March 21 (8) No Class Feb 14
Fee: Resident/\$230 Non-Resident/\$276
Group Limit: 20 Participants

SCHOOL'S OUT PROGRAMS

ABRAKADOODLE, SCHOOL'S OUT

Ages 5 – 12



The best thing to do when 'School's Out' is to join Abrakadoodle for a Day of Art! Our Art Camps include art lessons, games, crafts, music, and special activities for children ages 5-12. Abrakadoodle art program offers a multi-

media art program that is both educational and fun. Our curriculum is focused on the elements of art, art techniques, styles, art history and the sequential development of skills. Students create artwork inspired by famous artists, art styles and world cultures while they celebrate their creativity and uniqueness. Our lessons use a variety of safe non-toxic art materials that bring an engaging multi-arts experience to students. Each child will go home with 4 large major projects and several mini projects/activities. **Group Limit:** 16 Participants

Location: Bryn Mawr Spring House, 9 S. Bryn Mawr Avenue, Bryn Mawr

Time: 9:00am – 4:00pm

Fee: Per Session Resident/\$120 Non-Resident/\$144 *Material Fees Included in Pricing

Monday, January 20 Super Doodle Art Camp (Super Size, SuperHeroes, and Super FUN)

You're a kid! You're an artist! You're a SuperDoodler! Create super-sized drawings and masks! Imagine superheroes and your own superpowers! Make a paint super-mess and produce spectacular sculptures and paintings! Blast off with super space art and more! SuperDoodlers create nonstop super FUN in this super-duper camp!

Friday, February 14 Draw Rah Rah Art Camp

Learn to be a creative sketch artist in Abrakadoodle's innovative program that incorporates drawing into the creative process. Through Abrakadoodle's unique Drawsters program, children develop drawing skills that can be applied to all sorts of projects and imaginative adventures. They learn about line drawing, patterning, perspective, creating unusual environments and other drawing techniques. Drawsters will explore the colorful art form of popular artist Romero Britto. They'll create illustrations inspired by Susan Stockdale's underwater environments by designing magical creatures and gardens in her style. Each lesson provides skill development and imaginative applications. Confidence in drawing abilities grows in this camp that also includes games and activities designed to boost creativity and imagination.

Monday, February 17 Cartoon Creation Art Camp

Abrakadoodle takes cartooning to a whole new level by incorporating cartooning into the creative process. Campers learn the art of cartooning, including imagining and sketching characters, preparing animation cels and discovering the creative process for comic strips and animation. With games, music and activities sure to please, this cartoon camp is sure to leave campers grinning ear-to-ear!

HARRITON HOUSE, SCHOOL'S OUT



Come to the Harriton House for a day of history! Our engaging programs include hands-on activities centered on the 300+ years of history at Harriton House. Best suited to children ages 8 – 14, the programs bring history to life in a meaningful way. The Harriton Association operates the historic house for the Township of Lower Merion, offering programs, public and school tours, preserving and restoring Harriton House, and other amenities within the park.

Location: Harriton House, 500 Harriton Rd, Bryn Mawr

Day/Date/Time: Friday, February 14 10:00am – 3:00pm

Fee: Per Session Resident/\$60 Non-Resident/\$72

Harriton Hand-Crafted Valentine's Day Editon Ages 8 – 12 Group Limit: 10 Participants

Learn about the history of Valentine's Day greetings in the late 18th early 19th century while making personalized versions to take home. We will use scissors, glue, watercolor paints, stamps and ink to craft our creations. Please bring lunch, Harriton Association will provide snacks.



Mission — “We aim to spark the imagination and curiosity of children everywhere by providing them with fun, entertaining and educational activities that instill a clear understanding of what science is really about and how it affects the world around them.” **FULL DAY and HALF DAY OPTIONS!**

Location: Bryn Mawr Community Center, 9 S Bryn Mawr Avenue, Bryn Mawr
Full Day: 9:00am – 3:30pm **Fee:** Resident/\$102 Non-Resident/\$122
AM Only: 9:00am – Noon **Fee:** Resident/\$55 Non-Resident/\$66
Group Limit: 20 Participants

Monday, January 20

Creative Chemist – Building with Bonds (Full Day)

Become a creative chemist through the investigation of the periodic table and the atoms that make up everything around us! Make chemical connections between different atomic models using bonds to construct molecules. Whether it is long stretchy chains of molecules in the form of silly putty or structured atoms in the form of crystal gardens, find out how chemistry connects the world.

Slimy Science & Smokey Ice (AM Only & Full Day)

Build model molecules, copper-plate a nickel, and make your very own ooey gooey Mad Science slime and putty to take home! Witness fantastic dry ice demonstrations with smoking & bubbling flasks!

Friday, February 14

Rocketry (Full Day)

Here is your chance to be a rocket scientist! Investigate the four forces of flight as you race through space learning the basics of rocket travel. Build your own Mad Science rocket to take home. If we have fair skies, we'll even see the principles of propulsion at work with a real rocket launch!

Roving Rovers (NASA: STEM Explorers) (AM Only & Full Day)

Developed in partnership with NASA, we will think and act like NASA innovators during this hands-on program inspired by NASA OPSPARC. After receiving your mission notebook, you will design and build a Mars Rover. Your rover will be tested over various obstacles to ensure it can navigate Mars' brutal terrain. From mission patches to engineering for space NASA Roving Rovers is out of this world!

Monday, February 17

LEGO® BRIXology – Carnivals (Full Day)

Explore the science and engineering that lets humans design and build exciting rides at carnivals and amusement parks. Through the engineering design process become mechanical engineers solving problems with creative solutions. Construct a miniature swinging Viking ship ride to take home.

LEGO® BRIXology – Creatures (AM Only & Full Day)

Explore the science and engineering that lets humans invent new things based on solutions found in nature! Through the engineering design process become bioengineers solving problems with biomimicry. Put together a wind-up peacock puzzle that can move to take home!



R5 Sports is a youth sports training company that runs active sports programs and camps. R5 Sports specializes in youth soccer programs and has an extensive summer camp program. This 3-hour soccer program will work on ball skill techniques, tactical understanding (1v1's), passing and shooting. We will start with a dynamic warm up and finish with small-sided games. bring indoor soccer shoes, a water bottle and shin guards.

Group Limit: 24 Participants

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd
Times: 9:00am – Noon
Dates: Monday, January 20 Friday, February 14 Monday, February 17
Fee: Per Session Resident/\$65 Non-Resident/\$78

ADULT FITNESS PROGRAMS

TENNIS – INDOOR, DAVID BROIDA

Ages 18+

Learn the fundamentals of the sport, including forehand, backhand, serve & volley, as well as basic offensive & defensive strategy. Instruction will be provided for Beginner & Intermediate players, as well as training for middle & high school tennis team members.

For more information, contact David Broida – dbroida@gmail.com or (610) 864-4303.

Location: Radnor Racquet Club, 175 King of Prussia Road, Radnor
Dates: Sundays January 5 – March 2 (8) No Class Feb 16
Session 10: 7:00 – 8:00pm Adult & Teen – All Levels
Fee: Per Session Resident/\$185 Non-Resident/\$215



PICKLEBALL – INDOOR, UNIVERSAL RACKETS

Ages 18+



Universal Rackets is a pickleball and tennis company that specializes in clinics, private instruction, tournaments for all ages and levels. All staff are PPR/USPTA certified. Our mission is simple: to teach tennis and pickleball to all levels and ages through structured, high energy, upbeat and personalized instruction.

Location: Bala Gym, 49 Bala Avenue, Bala Cynwyd
Winter Session: January 7 – February 6 (5)
Winter 2 Session: February 18 – March 20 (5)
Session 1: Beginner Tuesdays 8:00 – 9:30am
Session 2: Intermediate Tuesdays 9:30 – 11:00am
Session 3: Int Plus Tuesdays 11:00am – 12:30pm
Session 4: Beginner Tuesdays 7:45 – 9:15pm
Session 5: Beginner Wednesdays 8:00 – 9:30am
Session 6: Intermediate Wednesdays 9:30 – 11:00am
Session 7: Intermediate Thursdays 7:45 – 9:15pm
Fee: Per Session Resident/\$210 Non-Resident/\$252
Group Limit: 8 Participants

YOGA206 BONE BOOST

YOGA206 BONE BOOST is a 60-minute class with a focus on bone strength with scientifically proven, safely-adapted and prop-supported yoga poses. Class is geared for persons with osteopenia, osteoporosis, other medical conditions affecting bone density, and those pro-active about bone health. Class intended for participants of all levels, age fifty and over, and participants must be able to sit on and rise from a mat. Boost muscle, balance and bones.

For more info email YOGA206@icloud.com or follow YOGA206 on Instagram and Facebook.

Location: Virtual via Zoom
Day/Time: Tuesdays 10:00 – 11:00am

Free Introductory Class:	Thursday, December 5	10:00 – 11:00am	Zoom
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Winter Session: January 7 – February 18 (7)
Winter 2 Session: February 25 – April 8 (7)
Fee: Per Session Resident/\$105 Non-Resident/ \$126