

Township of Lower Merion Parks & Recreation

RECREATION INFORMATION

SPRING 2022

Lower Merion Township offers a variety of programs, for both children and adults, year-round. Basketball and Tennis Clinics, Viva Community Fitness Pilates, Steel Sports Clinics and Classes, Soccer Shots and HappyFeet Programs, Shining Knights Chess Club, Young Rembrandts Art Classes, Engineering for Kids Classes, Mad Science Workshops, US Sports Clinics, Bricks 4 Kidz Classes and much, much more.

Please visit our website www.lowermerionrec.com for a current schedule of programs and classes.

If you do not have on-line access, no need to worry. You can still mail or walk-in to register for programs and pool memberships.

REGISTRATION INFORMATION



You will be considered registered for a program only after the proper forms and fees are received. Payment is due at the time of registration. Checks should be made payable to “**Treasurer, Lower Merion Township**”. Registrations without accompanying fees will NOT be processed. Non-residents (including Narberth Borough) will have a higher registration fee.

Nothing stops a program in its tracks faster than everyone waiting until the last minute to register. Many of our programs need a minimum number of participants to run so a program may be cancelled if there are not enough registrants. Minimum number must be reached at least one week prior to the start of the program. Spring/Summer registration will begin February 1 for Lower Merion Residents (February 15 for Non-Residents).

ON-LINE REGISTRATION

The Parks and Recreation Department uses a software system for our Membership and Program Registration. This program enables participants to view programs offered and register on-line (convenience fees may apply). If you have on-line access, please visit www.lowermerionrec.com to create or log in to your account.

MAIL-IN/WALK-IN REGISTRATION

Registration forms can be mailed in or dropped off to our office, located in the Township Administration Building. Envelopes should be addressed as follows:

Lower Merion Township – Parks and Recreation
75 E Lancaster Ave
Ardmore PA 19003

Please note registrations will be processed as received.

CANCELLATION, REGISTRATION AND REFUND POLICY

Please review the policies on-line prior to registering for a program.



PHOTO POLICY

On occasion, we may take photos or video of individuals enrolled in programs or using Township facilities. Please be aware that these images are for Township use and may be used in future promotional materials.

Lower Merion has a number of groups that offer various recreational opportunities for leagues and other activities. Visit our website to view and or print a list of Program Providers with their contact information. Each group conducts their own registration during different times of the year. Please contact them directly if you are interested in any additional information.

SPRING PROGRAMS

SOCCER SHOTS

Ages 2 – 7



Soccer Shots is the premier intro to soccer program in the United States teaching children soccer and character development through its innovative curriculum and imaginative games. Visit us at www.soccershots.org to learn more.

Fee Per Session: Resident/\$154 Non-Resident/\$185

Minis

Ages 2 – 3

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. **Parents accompany children on field**

Spring Session 1:	Thursdays	4:30 – 5:00pm	March 30 – May 18 (8)	Ashbridge Park
Spring Session 2:	Thursdays	5:20 – 5:50pm	March 30 – May 18 (8)	Ashbridge Park
Spring Session 3:	Saturdays	8:45 – 9:15am	March 25 – May 13 (8)	South Ardmore Park
Spring Session 4:	Saturdays	9:30 – 10:00am	March 25 – May 13 (8)	South Ardmore Park
Spring Session 5:	Sundays	9:00 – 9:30am	March 26 – May 21 (8) <small>No Class 4/9</small>	General Wayne Park

Classic

Ages 3 – 5

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Spring Session 1:	Thursdays	4:30 – 5:10pm	March 30 – May 18 (8)	Ashbridge Park
Spring Session 2:	Thursdays	5:10 – 5:50pm	March 30 – May 18 (8)	Ashbridge Park
Spring Session 3:	Thursdays	6:00 – 6:40pm	March 30 – May 18 (8)	Ashbridge Park
Spring Session 4:	Saturdays	8:45 – 9:25am	March 25 – May 13 (8)	South Ardmore Park
Spring Session 5:	Saturdays	9:20 – 10:00am	March 25 – May 13 (8)	South Ardmore Park
Spring Session 6:	Saturdays	10:05 – 10:45am	March 25 – May 13 (8)	South Ardmore Park
Spring Session 7:	Saturdays	10:50 – 11:30am	March 25 – May 13 (8)	South Ardmore Park
Spring Session 8:	Saturdays	11:35am – 12:15pm	March 25 – May 13 (8)	South Ardmore Park
Spring Session 9:	Sundays	9:45 – 10:25am	March 26 – May 21 (8) <small>No Class 4/9</small>	General Wayne Park
Spring Session 10:	Sundays	10:40 – 11:20am	March 26 – May 21 (8) <small>No Class 4/9</small>	General Wayne Park

Premier

Ages 5 – 8

Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

Spring Session 1:	Thursdays	6:00 – 6:40pm	March 30 – May 18 (8)	Ashbridge Park
Spring Session 2:	Saturdays	10:05 – 10:45am	March 25 – May 13 (8)	South Ardmore Park
Spring Session 3:	Saturdays	10:50 – 11:30am	March 25 – May 13 (8)	South Ardmore Park
Spring Session 4:	Saturdays	11:35am – 12:15pm	March 25 – May 13 (8)	South Ardmore Park
Spring Session 5:	Sundays	10:40 – 11:20am	March 26 – May 21 (8) <small>No Class 4/9</small>	General Wayne Park

NEXT LEVEL SPORTS



Next Level Sports (NLS®) develops the leadership potential of today's youth to achieve their personal best in academics and sports through skill-based programs that teaches positive values, wellness, responsibility, conflict resolution, and goal setting. NLS offers basketball, football and track programs, as well as week long summer camps.

To register for any NLS Program, please visit www.nlsports.org

STEEL SOCCER, SPRING BREAK*Ages 5 – 14*

Everything we do is designed to maximize the sporting potential of individual players, teams, clubs & coaches. We believe in thinking creatively so our passion for the game can directly benefit youth soccer in your community.

Location: South Ardmore Park
Dates: April 3 – 7 (Monday – Friday)
Times/Fees: Half Day 9:00am – Noon Resident/\$205 Non-Resident/\$246
 Full Day 9:00am – 3:00pm Resident/\$270 Non-Resident/\$324

STEEL FUTURES*Ages 5 – 8*

Steel Futures is a soccer-oriented child development program. Steel aims to build self-esteem by creating a positive and fun environment where your child can succeed. Your child will develop physical, cognitive and emotional abilities that will help progress their soccer skills and understanding of the game through problem solving, teamwork and sportsmanship. Steel's enthusiastic and animated coaches focus on developing the whole child with their creative and fun games.

Location: Harcum College or Friends Central School
Dates: Saturdays March 25 – May 20 (8) No Class 4/8
Session 1: 8:30 – 9:45am Ages 5 – 6
Session 2: 9:45 – 11:00am Ages 7 – 8
Fee: Per Session Resident/\$199 Non-Resident/\$238

HAPPYFEET*Ages 3 – 5*

HappyFeet introduces soccer to children in the most FUN way that will increase participation, excitement, and learning! We use a story time approach to teach kids soccer skills while improving confidence, coordination, and character!

Group Limit: 12 Participants

Location: South Ardmore Park
Day/Time: Sundays 9:00 – 10:00am 10:00 – 11:00am 11:00am – Noon
Spring Session: March 19 – April 30 (7)
Spring 2 Session: May 7 – June 25 (7) No Class 5/28
Fee: Per Session Resident/\$189 Non-Resident/\$227

ULTIMATE FRISBEE, PHOENIX ULTIMATE ACADEMY*Ages 7 – 15*

Phoenix Ultimate Academy is the youth development program created by the Philadelphia Phoenix, Philadelphia's professional ultimate team. The Phoenix Ultimate Academy aims to teach the rules and techniques of ultimate frisbee, in addition to fostering and developing skills in communication, respect, self-advocacy and conflict resolution, all of which are integral to the sport of ultimate and healthy youth development.

Location: General Wayne Park Location Subject to Change
Time: 4:20 – 5:10pm
Session 1: Tuesdays April 4 – May 23 (8)
Session 2: Thursdays April 6 – May 25 (8)
Fee: Per Session Resident/\$160 Non-Resident/\$192

ULTIMATE FRISBEE, SCHOOL'S OUT*Ages 7 – 15*

Join Phoenix Ultimate Academy for a School's Out Clinic. The program will feature a variety of frisbee games and drills, plus skills instructions from our talented pro-league coaches!

Location: Bala Cynwyd Park
Date: Monday, May 29
Times/Fees: Half Day 9:00am – Noon Resident/\$45 Non-Resident/\$54
 Full Day 9:00am – 3:00pm Resident/\$75 Non-Resident/\$90

PICKLEBALL, UNIVERSAL RACKETS*Ages 18+*

Universal Rackets is a pickleball and tennis company that specializes in clinics, private instruction, tournaments for all ages and levels. All staff are PPR/USPTA certified. Our mission is simple: to teach tennis and pickleball to all levels and ages through structured, high energy, upbeat and personalized instruction.

Group Limit: 16 Participants

Spring – Sundays		March 12 – April 23 (6) <small>No Class 4/9</small>	Wynnewood Valley Park
Session 1:	Beginner	12:00 – 1:30pm	Resident/\$210 Non-Resident/\$252
Session 2:	Beginner/Intermediate	1:30 – 3:00pm	Resident/\$210 Non-Resident/\$252
Session 3:	Intermediate/Advanced	3:00 – 4:30pm	Resident/\$210 Non-Resident/\$252
Spring 2 – Mondays		April 10 – May 15 (6)	Bala Ave Park
Session 1:	Beginner/Intermediate	4:30 – 6:00pm	Resident/\$210 Non-Resident/\$252
Session 2:	Intermediate/Advanced	6:00 – 7:30pm	Resident/\$210 Non-Resident/\$252
Spring 3 – Sundays		May 7 – June 11 (6)	Wynnewood Valley Park
Session 1:	Beginner	10:30 – 12:00pm	Resident/\$210 Non-Resident/\$252
Session 2:	Beginner/Intermediate	12:00 – 1:30pm	Resident/\$210 Non-Resident/\$252
Session 3:	Intermediate/Advanced	1:30 – 3:00pm	Resident/\$210 Non-Resident/\$252

TENNIS, UNIVERSAL RACKETS*Ages 6+*

Universal Rackets, founded by Tyler Stroyek, former Division I Tennis Player and USPTA Certified Tennis Instructor, currently works with over 600+ students in the area and provides world class training to all ages and levels. Tyler and his professional coaching staff do this through simple tips, strategized lesson plans, and an extreme passion for the sport. Universal Rackets looks forward to teaching the fundamentals, techniques and strategies of tennis in a fun, upbeat atmosphere!

Group Limit: 16 Participants

Spring – Sundays		March 5 – April 2 (5)	McMoran Park
Session 1:	Youth Beginner/Adv Beginner	11:00 – 12:00pm	Resident/\$125 Non-Resident/\$150
Session 2:	Youth Adv Beginner/Intermediate	Noon – 1:00pm	Resident/\$125 Non-Resident/\$150
Session 3:	Adult	1:00 – 2:00pm	Resident/\$150 Non-Resident/\$180
Spring 2 – Tuesdays/Thursdays		April 18 – May 18 (10)	McMoran Park
Session 1:	Youth Beginner/Adv Beginner	4:30 – 5:30pm	Resident/\$250 Non-Resident/\$300
Session 2:	Youth Adv Beginner/Intermediate	5:30 – 6:30pm	Resident/\$250 Non-Resident/\$300
Session 3:	Adult	6:30 – 7:30pm	Resident/\$300 Non-Resident/\$360
Spring 2 – Sundays		April 16 – May 21 (6)	McMoran Park
Session 1:	Youth Beginner/Adv Beginner	10:00 – 11:00am	Resident/\$150 Non-Resident/\$180
Session 2:	Youth Adv Beginner/Intermediate	11:00 – 12:00pm	Resident/\$150 Non-Resident/\$180
Session 3:	Adult	Noon – 1:00pm	Resident/\$180 Non-Resident/\$216

DAVID BROIDA, SPRING TENNIS*Ages 4 – 17*

Instruction provided for beginner, advanced beginner and intermediate levels. Learn the fundamentals of the game, including proper grip, stance, positioning on court, serve, volley, forehand, backhand, and offensive/defensive strategy. Match play singles and doubles for intermediate players.

Location:	Lower Merion High School Tennis Courts, 245 E Montgomery Avenue, Ardmore <small>Location Subject to Change</small>		
Dates:	Saturdays	April 22 – June 3 (6) <small>No Class 5/27</small>	
Session 1:	9:00 – 10:00am	Beginner and Advanced Beginner	
Session 2:	10:00 – 11:00am	Advanced Beginner and Intermediate	
Fee:	Resident/\$95	Non-Resident/\$115	

JONSPORT TENNIS / ROYAL T TENNIS ACADEMY*Ages 7 – 14*

TUFF training is designed to give participants the tools needed to help them reach their full potential. Our program offers a solid foundation of skills, along with proper throwing and running movements. The program's short term goal is to help participants solidify the techniques of tennis, while gaining confidence and having fun. The long term goal is to provide a great experience that will begin a lifelong love for the sport.

Group Limit: 15 Participants

For more information, visit www.lowermerionrec.com

Spring TUFF KIDZ Session: Saturdays April 22 – June 3 (7) Gladwyne Park

Session 1:	Intermediate/Advanced	10:00 – 11:30am	Resident/\$220	Non-Resident/\$264
Session 2:	Advanced Beginner	11:30 – 12:30pm	Resident/\$180	Non-Resident/\$216
Session 3:	Advanced	1:00 – 2:30pm	Resident/\$220	Non-Resident/\$264

Spring TUFF KIDZ Session: Sundays April 23 – June 4 (7) Penn Wynne Park

Session 1:	Advanced Beginner	1:00 – 2:00pm	Resident/\$180	Non-Resident/\$216
Session 2:	Intermediate/Advanced	2:00 – 3:30pm	Resident/\$220	Non-Resident/\$264

US SPORTS INSTITUTE – MULTISPORTS*Ages 2 – 5*

USA Sport Group brings together the finest providers of sports camps and classes for all ages and ability levels. All activities promote hand-eye coordination, movement, balance and most importantly FUN!

Group Limit: 10 Participants**Parent & Me****Ages 2 – 3**

With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport within each class, including Soccer, Lacrosse, T-ball, Basketball, Floor hockey and Flag Football.

Squirts**Ages 3 – 5**

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment.

Location: Ashbridge Park**Days/Dates:** Saturdays April 22 – June 17 (8) No Class 5/27**Session 1:** 9:00 – 9:50am**Session 2:** 10:00 – 10:50am**Session 3:** 11:00 – 11:50am**Fee:** Per Session Resident/\$195 Non-Resident/\$234**Multisports – Spring Break****Ages 5 – 11**

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment.

Location: Gladwyne Park**Days/Dates:** April 3 – 7 (Monday – Friday)**Time:** 9:00am – Noon**Fee:** Resident/\$195 Non-Resident/\$234**Group Limit:** 24 Participants

ENGINEERING FOR KIDS



At Engineering for Kids we believe that children are natural born engineers who have unlimited imaginations and unbridled enthusiasm. We offer fun, hands-on learning for children ages 4 to 12. Our activities range from building flashlights and rockets to programming video games and robots. The variety of programming is extraordinary!

For more information, please contact greaterphila@engineeringforkids.net

Location: Ashbridge House, 1301 W Montgomery Ave Location Subject to Change

Jr Mechanical Engineering: Let's Make Toys

Ages 4 – 7

The Junior Mechanical Engineering: Let's Make Toys program introduces our youngest engineers to fundamental concepts of energy, materials, and movement. Students explore and construct six different toys throughout this unit, including spinners, magical boomerang cans, wind-up whirligigs, and more.

Day/Time: Sundays 1:00 – 2:30pm

Spring Session: March 12, 19, 26, April 2

Fee: Resident/\$129 Non-Resident/\$155

Group Limit: 8 Participants

Mechanical Engineering: Master Machines

Ages 8 – 14

During the Mechanical Engineering unit, students use the Engineering Design Process to design, create, test, and improve a variety of machines and mechanical systems. Students learn the basics of energy, traction, aerodynamics, and durability while constructing roller coasters, eggstreme defense vehicles, and an incredibly fast air-powered custom dragster.

Day/Time: Sundays 3:00 – 5:00pm

Spring Session: March 12, 19, 26, April 2

Fee: Resident/\$172 Non-Resident/\$206

Group Limit: 10 Participants

Jr Scratch and Makey Makey: Musical Adventures

Ages 4 – 7

When your favorite song comes on the radio do you sit quietly or do you dance around and play the air drum solo? In Musical Adventures with Scratch and Makey Makey, we are going to explore how different sounds are created and we will create our own interpretations of common musical instruments like drums, piano, guitar, and even a recorder, and we will create our very own dancing program, all through the use of Makey Makey and Scratch to bring our music to life! The last day will end with a bang, or at least a really great mini concert from all of our students!

Day/Time: Saturdays 10:30am – Noon

Spring 2 Session: April 8, 15, 22, 29

Fee: Resident/\$129 Non-Resident/\$155

Group Limit: 8 Participants

Hardware Engineering: Get Wired with Makey Makey

Ages 8 – 14

Imagine designing a piano using celery or creating a custom digital training program. Now, envision playing video games using just your body, a bit of wire and your own imagination. In our hardware engineering program, students engineer their own customized video game controllers using a Makey Makey device and materials that can be found in just about any kitchen. Through application of circuitry, acoustical engineering and video game design, students discover new ways to interact with technology, all while creating unique designs in a fun collaborative environment.

Day/Time: Saturdays 12:30 – 2:30pm

Spring 2 Session: April 8, 15, 22, 29

Fee: Resident/\$172 Non-Resident/\$206

Group Limit: 10 Participants



Abrakadoodle is the global leader in visual arts education, bringing art classes, camps and special art events to children ages 20 months through 14 years of age. Abrakadoodle teachers bring exciting lessons and a wide variety of art materials while introducing children to artists, art vocabulary and techniques from around the world!

Location: Bryn Mawr Spring House, 9 S. Bryn Mawr Avenue

Twoosy Doodlers – Pets and Puppies

Ages 1 – 3

Bark! Oink! Neigh! Playful pets are meowing your way! They will splat, pounce, wiggle, and take shape into lively artistic creations! Explore your senses while having a hoppin’ good time experimenting with painting, stamping, gluing, mark making, 3D art and more as you create special projects inspired by all kinds of pets!

Day/Time: Wednesdays 9:00 – 10:00am

Spring Session: March 22 – May 10 (8)

Fee: Resident/\$200 Non-Resident/\$240 *Material Fees Included in Pricing

Group Limit: 12 Participants

Mini Doodlers – Pets and Puppies

Ages 3 – 5

Little ones love their soft, furry, feathery, purr-fect pets! It’s always a good time to learn more about pets through art! Get your pouncing paws ready to explore painting, collage, stamping, 3D art and more. Have a bow-wow of a time learning about pets that range from large barnyard and pasture animals to purring and barking friends to little critters kept in the home!

Day/Time: Sundays 1:00 – 2:00pm

Spring Session: March 12 – May 7 (8) No Class 4/9

Fee: Resident/\$200 Non-Resident/\$240 *Material Fees Included in Pricing

Group Limit: 15 Participants

Doodlers – Pets and Puppies

Ages 6 – 10

Hop, pounce, or bark your way into these unique, vibrant, creations of *Pets and Puppies*! Our developing artists will explore exceptional projects inspired by innovative artists and pets! These colorful pets will soar into your hearts and homes as you have a PET-tastic time experimenting with painting, collage, sculptural art and more!

Day/Time: Sundays 2:00 – 3:00pm

Spring Session: March 12 – May 7 (8) No Class 4/9

Fee: Resident/\$200 Non-Resident/\$240 *Material Fees Included in Pricing

Group Limit: 15 Participants

Kids on Canvas – East Meets West

Ages 10 – 14

The sun rises in the East and sets in the West every day. Just so, artists from East to West and everywhere in between create interesting and beautiful paintings every day! Traverse the world through the fantastical landscapes of English artist Poul Webb. Explore traditional motifs in vase paintings by Chinese artist Zhu Yongjin. Have fun creating art with Miffy the bunny inspired by Chinese painter Liu Ye. Create eye-popping portraits inspired by vibrant Latvian artist Elita Patmalniece and enormous trees in the style of ingenious American Disney illustrator Eyvind Earle. Explore color through the circular abstracts of Japanese artist Atsuko Tanaka. Grab a paintbrush and have a world of fun learning about amazing artwork from Turkey to Iceland to Korea and back!

Spring Session: March 12 – May 7 (8) No Class 4/9

Day/Time: Sundays 3:00 – 4:00pm Ages 10 – 12

4:00 – 5:00pm Ages 12 – 14

Fee: Per Session Resident/\$220 Non-Resident/\$264 *Material Fees Included in Pricing

Group Limit: 15 Participants

ABRAKADOODLE , SCHOOL'S OUT



Abakadoodle is the global leader in visual arts education, bringing art classes, camps and special art events to children ages 20 months through 14 years of age. Abakadoodle teachers bring exciting lessons and a wide variety of art materials while introducing

children to artists, art vocabulary and techniques from around the world!

Location: Bryn Mawr Spring House, 9 S. Bryn Mawr Avenue

Group Limit: 15 Participants

AM Session: 9:00am – Noon

PM Session: 1:00 – 4:00pm

School's Out – Spring Break (April 3 – 7) Mad About Movies! Ages 6 – 12

You will LOVE this camp if you love movies and the kooky characters, animations and illustrations in them...from minions to dinosaurs to out of this world environments! Together, marvelous movies and art make for some movie madness! Campers learn how movies are made, tell movie stories and recreate favorite movie characters! Explore animation, storyboards, movie music, games and more while making new friends and exploring creative abilities.

Fee: Per Session Resident/\$200 Non-Resident/\$240 *Material Fees Included in Pricing

School's Out – Election Day (May 16) Doodle with Abakadoodle Ages 6 – 12

Paint a landscape using colors that are not found in nature just like Paul Gauguin. Learn to draw an owl and add soft textures inspired by Albrecht Durer! Design a collage illustration and get inspired by Leo Lionni!

Fee: Per Session Resident/\$50 Non-Resident/\$60 *Material Fees Included in Pricing

YOUNG REMBRANDTS



Each season we offer classes that enhance drawing skills, train students in color theory and boost self-confidence. Enroll your student in a Young Rembrandts drawing class. Our bountiful selection of drawings introduces our students to a fascinating world of color, pattern, and design.

Location: Bryn Mawr Spring House, 9 S. Bryn Mawr Avenue

Days: Saturdays

Times:	Junior Drawing and Cartooning Class	10:15 – 11:00am	Ages 3 – 5
	Drawing and Cartooning Class	11:15am – 12:15pm	Ages 5 – 13
	Anime Manga Club	12:30 – 1:30pm	Ages 5 – 15

Session 1: March 4 – April 22 (7) No Class 4/8

Session 2: May 6 – June 17 (7)

Fee: Per Session Resident/\$140 Non-Resident/\$168

Group Limit: 12 Participants/Jr Drawing 24 Participants/Drawing and Anime

PLAY-WELL TEKNOLOGIES

Ages 6 – 10



At Play-Well we know kids are naturally gifted creators. They receive added inspiration when they dive into our massive collection of LEGO® with our trained instructors. They will explore the fundamental principles of engineering while building elaborate objects, structures and vehicles. They also learn to collaborate and create without fear of mistakes. The experience is joyful, the impact long-lasting. Our classes are not

affiliated with The LEGO Group. More information can be found at www.play-well.org

Spring into STEM Challenge with LEGO Materials

Spring is here! Spring into STEM with Play-Well and tens of thousands of LEGO® parts. Play baseball in spring training, visit the Cherry Blossom festival, and explore raging waterfalls. Apply real-world mechanical engineering concepts as you design, build, and explore your craziest ideas.

Location: Bryn Mawr Spring House, 9 S. Bryn Mawr Avenue

Day/Time: Tuesdays 5:30 – 6:30pm

Spring Session: April 4 – May 23 (8)

Fee: Resident/\$180 Non-Resident/\$216

Group Limit: 16 Participants

CHESS CLUB

Ages 4 – 14



Learn how to play chess from a Shining Knights chess coach! Our coaches are professional instructors and have taught thousands of children to play chess. Class time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Play time is structured to pair each student against an opponent of similar skill. All chess supplies provided. More information can be found at www.shiningknightschess.com.

Location: Ashbridge House, 1301 W Montgomery Ave Location Subject to Change

Days/Time: Tuesdays 5:30 – 6:30pm

Spring Session: March 28 – June 6 (10) No Class 5/16

Session Fee: Resident/\$160 Non-Resident/\$192

Group Limit: 30 Participants

CHESS CAMP, SCHOOL'S OUT

Ages 5 – 14

Spend the week playing and learning about chess from the Shining Knights chess coaches! Campers are assigned to groups by skill level, and classes are tailored to appeal to total beginners through experienced and highly-rated tournament players. Activities include learning openings, tactics and endgames, studying master games, playing games against fellow students and analyzing the students' games. Campers will take short breaks for snacks and fresh air every hour and full-day campers have lunch and recess from Noon – 12:30pm. More information can be found at www.shiningknightschess.com.

Group Limit: 30 Participants

Location: Ashbridge House, 1301 W Montgomery Ave Location Subject to Change

Days/Dates: Monday – Thursday, April 3 – 6 No Class 4/7

Full Day: 9:00am – 3:30pm **AM Half Day:** 9:00am – Noon

PM Half Day: 12:30 – 3:30pm

Fee: Half Day Resident/\$180 Half Day Non-Resident/\$216

Full Day Resident/\$310 Full Day Non-Resident/\$372

ADULT CLASSES AND PROGRAMS

LOWER MERION TOWNSHIP WOMEN'S SOFTBALL

Players and Teams Wanted!



- Modified Pitch Softball League open to women 18 and over.
- Games are played on Monday and Wednesday nights from May through August in LMT.
- Teams and individual Players are wanted.

If you are interested, please call (610) 645-6220 or e-mail recreation@lowermerion.org. A captains' meeting will be held in April and individuals will be contacted shortly thereafter.

VIVA COMMUNITY FITNESS PILATES/YOGA

Slim your waist, stomach, and hips; strengthen and tone your muscles; relieve back, wrist, neck and shoulder pain and melt away stress. You will leave class standing taller, looking younger and be full of energy. Non-jarring exercises are tailored to fit each student's body. Perfect for men/women, ages 15 and up of all fitness levels. Wear comfortable exercise attire. Bring a large towel, mat, medium or regular strength Pilates band, small ball and Pilates magic circle. **For more info please visit www.lowermerionrec.com**