Township of Lower Merion Parks & Recreation RECREATION INFORMATION WINTER 2020

Lower Merion Township offers a variety of programs, for both children and adults, year-round. Basketball and Tennis Clinics, Viva Community Fitness Pilates, Steel Soccer Clinics and Classes, Soccer Shots and HappyFeet Programs, Shining Knights Chess Club, Young Rembrandts Art Classes, Engineering for Kids Classes, Mad Science Workshops, Young Sports Classes, Bricks 4 Kidz Classes, Kitchen Wizards Cooking Classes and much, much more.

Please visit our website <u>www.lowermerionrec.com</u> for a current schedule of programs and classes.

If you do not have on-line access, no need to worry. You can still mail or walk-in to register for programs and pool memberships.

REGISTRATION INFORMATION



You will be considered registered for a program only after the proper forms and fees are received. Payment is due at the time of registration. Checks should be made payable to "**Treasurer, Lower Merion Township**". Registrations without accompanying fees will NOT be processed. Non-residents (including Narberth Borough) will have a higher registration fee.

Nothing stops a program in its tracks faster than everyone waiting until the last minute to register. Many of our programs need a minimum number of participants to run, so a program may be cancelled if there are not enough registrants. Minimum number must be reached at least one week prior to the start of the program. Please note, Winter registration is open, Spring and Summer registration will begin February 1 for Lower Merion Residents (February 15 for Non-Residents).

ON-LINE REGISTRATION

The Parks and Recreation Department uses a software system for our Membership and Program Registration. This program enables participants to view programs offered and register on-line (convenience fees may apply). If you have on-line access, please visit <u>www.lowermerionrec.com</u> to create or log in to your account.

MAIL-IN/WALK-IN REGISTRATION

Registration forms can be mailed in or dropped off to our office, located in the Township Administration Building. Envelopes should be addressed as follows: Lower Merion Township – Parks and Recreation 75 E Lancaster Ave Ardmore PA 19003 Please note registrations will be processed as received.

CANCELLATION, REGISTRATION AND REFUND POLICY

Please review the policies on-line prior to registering for a program.



PHOTO POLICY

On occasion, we may take photos or video of individuals enrolled in programs or using Township facilities. Please be aware that these images are for Township use and may be used in future promotional materials. New program idea? Let us know! We are always looking for new programs to offer our residents. Email <u>recreation@lowermerion.org</u> or give us a call 610.645.6220.

WINTER PROGRAMS

LOWER MERION TOWNSHIP BASKETBALL

Learn and practice the basic skills of basketball and enjoy skill related games each session.

Location: Bala Gym, Bala & Union Avenues

Days:

Saturdays



 January 11 – February 1 (4)

 Session 1:
 10:00 – 10:45am

 Session 2:
 11:00 – 11:45am

 Session 3:
 Noon – 12:45pm

 Fee:
 Per Session

 Group Limit:
 16 Participants

Minton (Indeena)

	February 22 – March 14 (4)		
Ages 4 – 5	Session 4:	10:00 – 10:45am	
Ages 6 – 8	Session 5:	11:00 – 11:45am	
Ages 6 – 8	Session 6:	Noon – 12:45pm	
Resident/\$10	0 Non	-Resident/\$110	

UK ELITE SOCCER



Everything we do is designed to maximize the sporting potential of individual players, teams, clubs & coaches. We believe in thinking creatively so our passion for the game can directly benefit youth soccer in your community.

UK Elite offers a variety of programs in and around Lower Merion Township. Please visit their website for a list of current class schedules

To register for any UK Elite Program, please visit www.ukelite.com

<u>UK Elite – Pe</u>	<u>etite Soccer Clinic – \</u>	Winter (Indoors)	Ages 3 – 6 '	Years
This progran	n is designed to allow	v every child the chance	e for maximum development a	and enjoyment. Each
child will enj	oy learning the fund	amentals of soccer.		
Location:	Bala Gym, Bala &	Union Avenues		
Winter Sessi	ion: January 13	8 – February 14 (6)		
Winter 2 See	ssion: February 2	24 – March 31 (6)		
Days:	Mondays 1:0	0 – 2:00pm		
	Tuesdays 10:	00 – 11:00am		
Fee:	Per Session	Resident/\$140	Non-Resident/\$150	
<u>UK Elite – Te</u>	echnical Program – V	Vinter (Indoors)	Ages 5 – 16	years
			Ages 5 – 16 designed to make you a bette	
		intense training blocks		
Technical Tra	aining Programs are	intense training blocks		
Technical Tra Location:	aining Programs are Bala Gym, Bala & 1 Hour Time Slot	intense training blocks	designed to make you a bette	
Technical Tra Location: Time:	aining Programs are Bala Gym, Bala & 1 Hour Time Slot	intense training blocks Union Avenues Iys January 15 – Marcl	designed to make you a bette	
Technical Tra Location: Time:	aining Programs are Bala Gym, Bala & 1 Hour Time Slot ion: Wednesda	intense training blocks Union Avenues Iys January 15 – Marcl	designed to make you a bette n 4 (8) pm 7:00 – 8:00pm	r individual player.

<u>UK Elite – Schools Out Clinic – Winter (Indoors)</u>

Ages 5 – 9 Years

SOCCER SHOT



Soccer Shots is the premier intro to soccer program in the United States teaching children soccer and character development through its innovative curriculum and imaginative games. Visit us at <u>www.soccershots.org</u> to learn more. Location: Bala Gym, Bala & Union Avenues

<u>Minis</u>

Ages 2 – 3 Years

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. (*Parents accompany children on field*)

Winter Indoor Session 1:WednesdaWinter Indoor Session 2:ThursdaysFees Per Session:Resident/\$99

 Wednesdays
 3:00 – 3:30pm

 Thursdays
 9:15 – 9:45am

 nt/\$99
 Non-Resident/\$119

January 15 – February 19 (6) January 16 – February 20 (6)

January 16 – February 20 (6)

Classic/Premier

Ages 3 – 5 Years

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.
 Winter Indoor Session 1: Wednesdays 3:40 – 4:20pm January 15 – February 19 (6)

9:55 - 10:35am

Non-Resident/\$119

Winter Indoor Session 1:WednWinter Indoor Session 2:ThursoFees Per Session:Resident/\$99

Thursdays ident/\$99

HAPPYFEET



HappyFeet classes are a fun approach to ensuring your child has an absolute blast while developing elite physical skills and self-concept. The HappyFeet curriculum is designed to gradually develop ever more advanced physical skills and self-belief. To make sure every child has a positive experience, HappyFeet classes are non-competitive. We use fun techniques to develop muscle memory towards the training of dynamic dribbling and shooting skills.

To register or for more information, please visit http://www.philadelphiahappyfeet.com/

HappyFeet (Ages 3 – 5)

During this stage your child will flourish within our imagination based curriculum. Not only will they begin to develop excellent gross motor skills they will also begin to develop a healthy recognition of their own self-concept! Here our class time jumps to 1 hour as we allow time to introduce fun, non-competitive games along with our imagination based learning approach. During your child's time with us at this stage they will begin to learn basic and advanced soccer moves with the ball. These moves are then incorporated into the stories and games that we play with your children to increase repetition without it ever feeling like practice!

Location:	Bala Gym, Bala & Union Avenues		
Winter:	January 17 – February 28 (7)		
Day/Time:	Fridays 10:30 – 11:30am		
Session Fee:	Resident/\$139 Non-Resident/\$144		
Group Limit:	18 participants		

DAVID BROIDA – WINTER INDOOR TENNIS

Learn the fundamentals of the sport, including forehand, backhand, serve & volley, as well as basic offensive & defensive strategy. Instruction will be provided for Beg. & Int. players, as well as training for middle & high school tennis team members.

For more information, contact David Broida – dbroida@gmail.com or (610) 864-4303.

Location: Radnor Racquet Club, 175 King of Prussia Road, Radnor, PA 19087 Ages: 4 – 18 yrs & Adults Dates: Sundays, January 12 – March 22 (10) No Class 2/16 Session 6: 3:00 – 4:00pm Beginner and Advanced Beginner Session 7: 4:00 – 5:00pm Beginner and Advanced Beginner Session 8: 5:00 – 6:00pm Advanced Beginner & Intermediate

Session 9: 6:00 – 7:00pm Advanced Beginner & Intermediate

Session 10: 7:00 – 8:00pm Adult & Teen – All Levels

Fee:Per SessionResident/\$195Non-Resident/\$225



DYNAMIC VOLLEYBALL ACADEMY

Dynamic Volleyball Academy is designed specifically for the beginning male or female volleyball player. This program includes age-appropriate instruction, focusing on motor skills, ball skills, game skills and most importantly, fun!

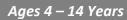
Location: Baldwin School, 701 Montgomery Avenue, Bryn Mawr

Winter Session:January 9 – February 13 (6)Days/Times:Thursdays7:00 – 8:00pmAges:8 – 14 years



CHESS CLUB

Fee:





Resident/\$140

Shining Knights, Ltd.

Knights, captures, action! Whether you are new to the

Non-Resident/\$150

Whether you are new to the game, learning to push pawns for the first time, or have played in numerous tournaments, and want to sharpen your skills, come to a Shining Knights Chess Club! We have trained numerous state champions and national trophy winner. We have trained even more kids to enjoy the game that they can spend hours playing with friends and family. So, whether you want to win games in your living

room against your parents or win tournaments in other states, come join us and learn how to play chess or play better chess! **More information can be found at** www.shiningknightschess.com

Location:Bryn Mawr Community Center, 9 S. Bryn Mawr AvenueDay/Time:Tuesdays5:30 – 6:30pmWinter Session:January 7 – March 10 (10)Session Fee:Resident/\$144Non-Resident/\$170Group Limit:30 Students

ENGINEERING FOR KIDS



At Engineering for Kids we believe that children are natural born engineers who have unlimited imaginations and unbridled enthusiasm. We offer fun, hands-on learning for children ages 4 to 12. Our activities range from building flashlights and rockets to programming video games and robots. The variety of programming is extraordinary! Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue

Weekend Workshops – Jr Electronic Game design: Space

Embark on fun journey to space with Scratch! Send an astronaut to the moon and defend your moon base from space rocks. Learn how to use Scratch to create and program sprites, backdrops and basic scripts. Create a new program each day, leave with evidence of your wild space adventure, and be inspired to explore the universe of programming as a Space Pioneer.

Day/Time: Sundays 1:00 - 2:30pm Winter Session: January 12, 19, 26, February 2 (4) Resident/\$120 Non-Resident/\$140 Fee:

Weekend Workshops – App Electronic Game Design: Pizza Delivery Ages 8 – 12 Years

Papa's Pizzeria is the busiest it has ever been. In Electronic Game Design: Pizza Delivery, we will create our own version of a platform game that will require players to collect ingredients, make pizza and serve all of the hungry customers. We will use the Engineering Design Process to create a storyboard to outline the rules of play and characters for our game. Then, we will use Clickteam Fusion 2.5® to bring our storyboard to life with programming. At the end of the class, everyone takes home a working Windows-compatible game. Day/Time: Sundays 2:45 - 4:45pm Winter Session: January 12, 19, 26, February 2 (4) Resident/\$160 Non-Resident/\$180 Fee:

Weekend Workshops – Jr Environmental Engineering

Are you ready to get down and dirty searching for solutions to some of our biggest environmental problems? In Junior Environmental, students ponder some truly "hot" environmental issues. Students in this class save endangered animals, help plants grow and create protection from the sun's heat. By investigating natural process like erosion, animal adaptations, and plant growth; we discover ways that we as engineers can be inspired by the world around us to take on all sorts of challenges.

Day/Time: Saturdays 10:30 – Noon Winter 2 Session: February 22, 29, March 7,14 (4) Fee: Resident/\$120 Non-Resident/\$140

Weekend Workshops – App Environmental Engineering

During the Environmental Engineering classes, students use the Engineering Design Process to design, create, test, and refine basic solutions related to alternative energy and environmental issues. They learn principles behind crafting efficient wind-powered machines and discover how those machines can be used to help reduce the use of fossil fuels. During the culminating project, students test different materials to discover which ones most effectively clean up after an oil spill.

Saturdays 12:30 - 2:30pm Day/Time:

Winter 2 Session: February 22, 29, March 7, 14 (4)

Resident/\$160 Non-Resident/\$180 Fee:

Ages 4 – 7 Years

Ages 8 – 12 Years

Ages 4 – 7 Years

YOUNG REMBRANDTS

Under New Management! Brand New Lessons!!



Our innovative, step-by-step curriculum and engaging subject matter will show your child that **drawing can be fun** and interesting! During our classes, we teach skills that will help them grow, develop and excel while your child creates memories that will last a lifetime. Your child will enjoy ALL NEW LESSONS each week! **Location:** Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue

Drawing and Cartooning – Winter 1

Start 2020 off with a bang! Young Rembrandts students will flex their creative muscle as they take on artistic challenges like our Winter Birdhouses and Sporty Snowboarder lesson in January. In February, students will master perspective and personality as they complete a challenging Palm Tree Scene, cute Penguins and their own version of Grant Wood's American Gothic. Your child is sure to be giggling all season long as they explore the fun, artistic world of Young Rembrandts cartooning! Funny expressions and hilarious animals are just a few pieces students will create in the months of January and February. All supplies included!

Day/Time:Saturdays10:00 – 11:00amDates:January 11 – February 15 (6)Session Fee:Resident/\$96 Non-Resident/\$120

Parent and Child Pastel Class – Winter 1: Animals of Africa

Students and parents/caregivers will find themselves captivated by exotic African beasts. Our "Animals of Africa" Pastel Drawing Workshop offers challenging lessons- an antelope showcased within a mélange of patterns, a stylized zebra with a creative color palette and a regal lion. Participants will learn about some of Africa's most majestic animals as they illustrate them using pastel chalks. One adult per student may join the class each week (it can be a different adult every week if mom/dad/grandma want to try our classes). No experience is necessary. Please wear an old shirt or smock to each day of class. All supplies included. Each drawing may be completed over the course of 2 sessions depending on difficulty.

Day/Time:Saturdays11:15am – 12:45pmDates:January 11 – February 15 (6)Session Fee:Resident/\$150Non-Resident/\$170

Drawing and Cartooning – Winter 2

Get ready for a mix of elegance and graphic style drawings as Young Rembrandts students complete a Graceful Swan and Line Art Owl. Our March lessons are sure to delight kids and parents when students complete Goofy Chefs and our hilarious Cartoon Dads. There's no better way to shake the winter blues. All supplies included. Sign up today!

Day/Time:Saturdays10:00 - 11:00amDates:February 29 - April 4 (6)Session Fee:Resident/\$96 Non-Resident/\$120

Parent and Child Pastel Class – Winter 2: Colorful Critters

Animal lovers rejoice; an all new - all pastel workshop is here! Students will learn pastel drawing and texturing techniques to illustrate whimsical bees, a fanciful army of frogs, a striking owl and more artistic critters filled with detail. Challenge your creative kids by introducing them to the world of pastels- enroll them now! One adult per student may join the class each week (it can be a different adult every week if mom/dad/grandma want to try our classes). No experience is necessary. Please wear an old shirt or smock to each day of class. All supplies included. Each drawing may be completed over the course of 2 sessions depending on difficulty.

Day/Time:Saturdays11:15am - 12:45pmDates:February 29 - April 4 (6)Session Fee:Resident/\$150Non-Resident/\$170

UPCOMING TRAININGS

LIFEGUARD CERTIFICATION COURSE – FULL CERTIFICATION



This basic American Red Cross lifeguard certification program teaches participants advanced rescue techniques, water safety, accident management and preventative lifeguard skills. **Prerequisites:** Must be at least 15 years old and able to complete a standard swim test. (Swim Test: Swim 300 yards continuously, tread water for 3 minutes and dive to 9 feet). Participant must pass skills screening which is required at the first session. Red Cross Standard First Aid, CPR and AED certifications are included in this course.

Course Fees Include: American Red Cross Lifeguarding textbook, CPR pocket mask, Lifeguarding, First Aid, AED/CPR Certification cards. **Participants must attend ALL classes.**

Haverford YMCA

Location:	891 N. Eagle Road, Havertown
Contact:	Joanne Gooding, Advanced Aquatic Director at jgooding@philaymca.org or 610-649-0700
Date/Time:	Please call for upcoming trainings

Bryn Mawr College

Location:	Bern Schwartz Center, 101 North Merion Ave, Bryn Mawr
Contact:	Nikki Whitlock, Aquatics Director at <u>nwhitlock@brynmawr.edu</u> or 610-526-7349
Date/Time:	Please call for upcoming trainings

KNOW YOUR MEDICARE OPTIONS – EDUCATIONAL WORKSHOP



This seminar is suitable for those individuals that need to make decisions for open/initial enrollment period, want information to be prepared when the time comes or for those making decisions for loved ones. This 90-minute workshop will guide you in making the right choice when planning for Medicare and Medicare Advantage decisions. Presented by Steve Perlman, Independent Medicare Planning Specialist with DelVal Senior Advisors. During this free educational seminar you will learn:

- How Medicare works and what it covers.
- How Part "D" prescription cards work and how to pick the right one for you.
- The differences between Medicare supplements and Medicare Advantage plans.

Location:	Ludington Library Auditorium, 5 S. Bryn Mawr Ave, Bryn Mawr			
Workshops:	Thursdays			
Dates:	February 6	May 7	August 6	November 5
Time:	6:30 – 8:00pm			
Session Fee:	FREE (Registration is encouraged but not required. First come, first serve seating.)			
	To Register please	visit: <u>www.low</u>	vermerionrec.com	

ADULT CLASSES AND PROGRAMS

LOWER MERION TOWNSHIP WOMEN'S SOFTBALL

- Modified Pitch Softball League open to women 18 and over.
- Games are played on Monday and Wednesday nights from May through July in LMT.
 - Teams and individual Players are wanted.

If you are interested, please call (610) 645-6220 or e-mail <u>Recreation@lowermerion.org</u>. A captains' meeting will be held in April and individuals will be contacted shortly thereafter.

VIVA COMMUNITY FITNESS PILATES

Slim your waist, stomach and hips; strengthen and tone your muscles; relieve back, wrist, neck and shoulder pain and melt away stress. You will leave class standing taller, looking younger and be full of energy. Nonjarring exercises are tailored to fit each student's body. Perfect for men/women, ages 15 and up of all fitness levels. Wear comfortable exercise attire. Bring a large towel, mat, medium or regular strength Pilates band, small ball and Pilates magic circle. Location: Bala Gym, Bala and Union Avenues For more info or to purchase equipment call 856-751-0095 or go to www.vivacommunityfitness.com

<u> Pilates – Tuesdays</u>	<u>7:30 – 8:30pm</u>		
Winter Session:	January 14 – March 24 (11)	Resident/\$132	Non-Res/\$158
Spring Session:	April 14 – June 9 (8) No class 4/28	Resident/\$96	Non-Res/\$120
Summer Session:	June 23 – August 25 (10)	Resident/\$120	Non-Res/\$145
<u> Pilates – Thursdays</u>	7:30 – 8:30pm		
<u>Pilates – Thursdays</u> Winter Session:	7:30 – 8:30pm January 16 – March 26 (11)	Resident/\$132	Non-Res/\$158
		Resident/\$132 Resident/\$96	Non-Res/\$158 Non-Res/\$120

FIT4MOM Main Line

Stroller Strides/Stroller Barre

Stroller Strides is a total fitness program that moms can do with their babies. It includes power walking and intervals of strength and body toning exercises using exercise tubing, the stroller and the environment. Taught by certified and specially trained fitness instructors, it is a great workout for any level of exerciser. Stroller Strides instructors weave songs and activities into the routine designed to entertain and engage baby, while moms are led through a series of exercises specific to her role as mom.

To register or for more information, please visit mainline.fit4mom.com

Location/Day/Time: Ashbridge ParkTuesdays and/or Thursdays9:30 – 10:30amSession: Early April through Mid NovemberFees:Fees Vary – Monthly Passes Available - First Class is Free



Players and Teams Wanted!

UPCOMING TRAININGS

TRI STATE TRAINING



Tri-State Training has been named as the best training and Safety Company every year since its inception (2010) by various publications including several local newspapers. We are proudly accredited with the following organizations: American Heart Association (AHA),

American Red Cross (ARC), American Safety and Health Institute (ASHI), COSTARS, Pennsylvania Department of Health (PA DOH), Pennsylvania Keystone Stars (PA KEYS), Volunteer Firemen's Insurance Services (VFIS). CLASSES ARE SCHEDULED ON AN AS NEEDED BASIS

American Safety and Health Institute (ASHI), Child and Babysitting Certification (5 hours) American Heart Association (AHA) HeartSaver CPR/AED (3 hours) American Heart Association (AHA) HeartSaver CPR/AED/First Aid (5 hours)

If interested, please contact Tri State Training 1.866.503.3430 or <u>info@tristatetraining.com</u> For more information, please visit <u>www.tristatetrainingllc.com</u>

LIFEGUARD CERTIFICATION COURSE – FULL CERTIFICATION



This basic American Red Cross lifeguard certification program teaches participants advanced rescue techniques, water safety, accident management and preventative lifeguard skills. **Prerequisites:** Must be at least 15 years old and able to complete a standard swim test. (Swim Test: Swim 300 yards continuously, tread water for 3 minutes and dive to 9 feet). Participant must pass skills screening which is required at the first session. Red Cross Standard First Aid, CPR and AED certifications are included in this course.

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- Location: Bern Schwartz Center, 101 North Merion Ave, Bryn Mawr
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Session Fee:	FREE (Registration is encouraged but not required. First come, first serve seating.)				
	To Register please	visit: <u>www.low</u>	vermerionrec.com		

FLAT ROCK PARK BOATING FACILITIES

- Township-owned boating facilities are provided at Flat Rock Park. The general public is permitted use of these facilities provided appropriate permits are obtained.
- There is no fee to obtain a permit.
- All Boat Trailers are required to obtain a permit to park at the Flat Rock Park Boating Facility.
- The boating facilities are available for use by motorized and non-motorized boats, including canoes and kayaks.
- The recreational boating season is year round, but floating docks will only be in the water from approximately April 1 to November 15.
- The hours of Flat Rock Park are from Dawn until Dusk.

Boat Trailer Parking Permit

To apply for a Trailer Parking Permit, individuals must complete a Boat Trailer Parking Permit Application. Permit application forms can be found on the Township web site at <u>www.lowermerion.org</u> or the recreation website at www.lowermerionrec.com. Applications can be submitted via mail, in person, or on-line. Please visit either website for more details.

ARDMORE AVENUE COMMUNITY CENTER

122 Ardmore Ave., Ardmore Phone Number: (610) 896-7256 Director: Linda Jackson Program Coordinator: Larry Scovens Program Assistant: Crystal Uter Hours of Operation Monday – Friday: 3:00 – 10:00pm Saturday: 10:00am – 6:00pm Sunday: CLOSED

What else is going on? Call for information on these and other programs: Volleyball, Basketball, Hip-Hop, Movies, Special Events, Trips, and more!

SENIOR CENTERS AND SERVICE PROVIDERS INFORMATION

The Center for Positive Aging in Lower Merion (PALM) www.palmseniors.org 117 Ardmore Avenue Ardmore, PA 19003 (610)642-9370 ElderNet www.eldernetonline.org 9 S Bryn Mawr Avenue Bryn Mawr, PA 19010 (610)525 – 0706

RIVERBEND

Riverbend offers programs for the community that help to motivate and educate the next generation to care for our natural world. Parents may be interested in Riverbend's Summer Exploration Camp and Year-Round Camp offered on school holidays. In addition, they offer weekend family programs throughout the year. The 30-acre preserve is open to the public at no cost from dawn to dusk every day of the year. For more information, please visit <u>www.riverbendeec.org</u> or call 610.527.5234.

LOWER MERION CONSERVANCY

The Lower Merion Conservancy invites you to come with us to explore the nature and history of Lower Merion in new and fun ways in a very exciting place: our outdoor classroom full of native Pennsylvania streams, forests and meadows.

PROGRAM PROVIDERS

Lower Merion has a number of groups that offer various recreational opportunities for leagues and other activities. Visit our website to view and or print a table of Program Providers with their contact information. Each group conducts their own registration during different times of the year. Please contact them directly if you are interested in any additional information.

REGISTRATION FORM - LOWER MERION PARKS & RECREATION

Type of Activity:	Fee:			
Location:	Session/Time: _			
Participant's Name:				
Age DOB	Home Telephone:			
Address:				
City:				
Emergency Contact & Phone Number:				
Medical Conditions/Allergies/Medications:				
Physician's Name & Phone Number:				

I, the undersigned parent/child participant, hereby release the Township of Lower Merion, its officers, agents, employees, sponsors, organizers, and all leaders assigned by them, from all liability for any damage and injury to any person or thing in connection with the above activity. Furthermore, I hereby agree to refrain from bringing suit against any of the above named on my own behalf or on behalf of my son or daughter (named above) as a result of any damages or injuries to any person or thing that occurred in connection with the above activity. I also hereby agree to permit the video recording and or photographing of this activity for the purposes of program advertisement by the Township of Lower Merion.

Print Parent's Name			
Parent's Email			
		//	
Adult Participant's or Parent's Signature	DOB	Date	Cell/Day Time Telephone

The above registration form applies to all programs, except pool membership. Please mail to: Department of Parks & Recreation, 75 E. Lancaster Avenue, Ardmore, Pa. 19003-2376, or register in person Monday through Friday, 8:15am – 4:30pm.

Please make checks payable to: Treasurer, Township of Lower Merion

GENERAL INFORMATION

Special Accommodations

Special accommodations can be provided by contacting the Department at least two weeks prior to the beginning of the program.

Cancellations

The Township reserves the right to cancel any programs, scheduled times, location and/or activities due to insufficient registration or weather conditions.

Refunds

Refunds will be given only if the reason for the request meets an established set of standards, which can be obtained from the Department of Parks & Recreation. Check website for Refund Policy and Processing Fee.