

Township of Lower Merion Parks & Recreation

RECREATION INFORMATION

FALL 2017

Lower Merion Township offers a variety of programs, for both children and adults, year round. Basketball and Tennis Clinics, Viva Community Fitness Pilates, UK Elite Soccer Clinics and Classes, Soccer Shots and HappyFeet Programs, Shining Knights Chess Club, Young Rembrandts Art Classes, Engineering for Kids Classes, Mad Science Workshops, Bricks 4 Kidz Classes, Kitchen Wizards Cooking Classes and much, much more.

Please visit our website www.lowermerionrec.com for a current schedule of programs and classes.

If you do not have on-line access, no need to worry. You can still mail or walk-in to register for programs and pool memberships.

REGISTRATION INFORMATION



You will be considered registered for a program only after the proper forms and fees are received. Payment is due at the time of registration. Checks should be made payable to “**Treasurer, Lower Merion Township**”. Registrations without accompanying fees will NOT be processed. Non-residents (including Narberth Borough) will have a higher registration fee.

Nothing stops a program in its tracks faster than everyone waiting until the last minute to register. Many of our programs need a minimum number of participants to run so a program may be cancelled if there are not enough registrants. Minimum number must be reached at least one week prior to the start of the program. Please note, Fall Registration is currently open. Winter 2018 registration will begin on or around October 1.

ON-LINE REGISTRATION

The Parks and Recreation Department uses a software system for our Membership and Program Registration. This program enables participants to view programs offered and register on-line (convenience fees may apply). If you have on-line access, please visit www.lowermerionrec.com to create or log in to your account.

MAIL-IN/WALK-IN REGISTRATION

Registration forms can be mailed in or dropped off to our office, located in the Township Administration Building. Envelopes should be addressed as followed:
Lower Merion Township – Parks and Recreation
75 E Lancaster Ave
Ardmore PA 19003
Please note registrations will be processed as received.

CANCELLATION, REGISTRATION AND REFUND POLICY

Please review the policies on-line prior to registering for a program.



PHOTO POLICY

On occasion we may take photos or video of individuals enrolled in programs or using Township facilities. Please be aware that these images are for Township use and may be used in future promotional materials.

New program idea? Let us know! We are always looking for new programs to offer our residents. Email recreation@lowermerion.org or give us a call 610.645.6220.

FALL PROGRAMS

US SPORTS INSTITUTE



USA Sport Group brings together the finest providers of sports camps and classes for all ages and ability levels. All activities promote hand-eye coordination, movement, balance and most importantly FUN!

For more information, please visit www.ussportsinstitute.com.

Total Sports – Parent & Me Squirts **Boys and Girls** **Ages 2 – 3**

With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport within each class, including Soccer, Lacrosse, T-ball, Basketball, Floor hockey and Flag Football.

Location: Ashbridge Park

Day/Time: Saturdays 9:00 – 10:00am

Fall Session: September 16 – October 21 (6)

Fee: Resident/\$125 Non-Resident/\$145

Total Sports – Squirts **Boys and Girls** **Ages 3 – 5**

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment.

Location: Ashbridge Park

Day/Time: Saturdays 10:00 – 11:00am

Fall Session: September 16 – October 21 (6)

Fee: Resident/\$125 Non-Resident/\$145

Total Sports – Senior Squirts **Boys and Girls** **Ages 5 – 7**

Players will learn key skills through small-sided scrimmages in a variety of sports, including Lacrosse, Soccer and Flag Football. All curriculums create an environment which allows players to develop and progress within sport.

Location: Ashbridge Park

Day/Time: Saturdays 11:00am – Noon

Fall Session: September 16 – October 21 (6)

Fee: Resident/\$125 Non-Resident/\$145

DYNAMIC VOLLEYBALL ACADEMY



Dynamic Volleyball Academy is designed specifically for the beginning male or female volleyball player. This program includes age-appropriate instruction, focusing on motor skills, ball skills, game skills and most importantly, fun!

Location: Baldwin School, 701 Montgomery Avenue, Bryn Mawr

Fall Session: September 10 – October 1 (4)

Fall 2 Session: October 22 – November 12 (4)

Day/Time: Sundays 2:00 – 3:30pm

Ages: 8 – 14 years

Fee: Per Session Resident/\$90 Non-Resident/\$100

SOCCKER SHOTS



Soccer Shots is the premier intro to soccer program in the United States teaching children soccer and character development through its innovative curriculum and imaginative games. Visit us at www.soccershots.org to learn more.

Minis

Ages 2 – 3 Years

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. (**Parents accompany children on field**)

Fall Session 1: Saturdays	9:00 – 9:30am	Sept 9 – Oct 14 (6)	South Ardmore Park
Fall Session 2: Thursdays	5:25 – 5:55pm	Sept 14 – Oct 19 (6)	Ashbridge Park
Fees Per Session:	Resident/\$99	Non-Resident/\$119	

Classic/Premier

Ages 3 – 6 Years

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

Fall Session 1: Saturdays	9:40 – 10:20am	Sept 9 – Oct 14 (6)	South Ardmore Park
Fall Session 1: Saturdays	10:30 – 11:10am	Sept 9 – Oct 14 (6)	South Ardmore Park
Fall Session 2: Thursdays	6:05 – 6:45pm	Sept 14 – Oct 19 (6)	Ashbridge Park
Fees Per Session:	Resident/\$99	Non-Resident/\$119	

DAVID BROIDA – FALL INDOOR TENNIS

Learn the fundamentals of the sport, including forehand, backhand, serve & volley, as well as basic offensive & defensive strategy. Instruction will be provided for Beg. & Int. players, as well as training for middle & high school tennis team members.

For more information, contact David Broida – dbroida@gmail.com or (610) 864-4303.

Location: Radnor Racquet Club, 175 King of Prussia Road, Radnor, PA 19087

Ages: 4 – 18 yrs & Adults

Dates: Sundays, September 24 – December 3 (10) No Class Nov 26

Session 1: 3:00 – 4:00pm Beginner and Advanced Beginner

Session 2: 4:00 – 5:00pm Beginner and Advanced Beginner

Session 3: 5:00 – 6:00pm Advanced Beginner & Intermediate

Session 4: 6:00 – 7:00pm Advanced Beginner & Intermediate

Session 5: 7:00 – 8:00pm Adult & Teen – All Levels

Fee: Per Session Resident/\$195 Non-Resident/\$225



HAPPYFEET



HappyFeet classes are a fun approach to ensuring your child has an absolute blast while developing elite physical skills and self-concept. The HappyFeet curriculum is designed to gradually develop ever more advanced physical skills and self-belief. To make sure every child has a positive experience, HappyFeet classes are non-competitive. We use fun techniques to develop muscle memory towards the training of dynamic dribbling and shooting skills.

Group Limit: 18 participants

To register or for more information, please visit www.happyfeetphilly.com

HappyFeet Little Toes (Ages 2 – 3.5)

This is strictly an introduction to the game of soccer. Our goal in this age category is to develop the gross motor movements that will enhance balance and coordination while also beginning to develop the muscle movements for kicking a soccer ball. This class is 30 minutes long and is parent friendly (mom/dad & me). We strive to help your child begin their independence away from you (the parent) when they join our coaches as they sing, laugh, and take Bob on different adventures.

Location: South Ardmore Park
Fall: September 8 – October 20 (7)
Day/Time: Fridays 11:00am – 11:30am
Fee: Resident/\$89 Non-Resident/\$99

HappyFeet (Ages 3.5 – 5)

During this stage your child will flourish within our imagination based curriculum. Not only will they begin to develop excellent gross motor skills they will also begin to develop a healthy recognition of their own self-concept! Here our class time jumps to 1 hour as we allow time to introduce fun, non-competitive games along with our imagination based learning approach. During your child's time with us at this stage they will begin to learn basic and advanced soccer moves with the ball. These moves are then incorporated into the stories and games that we play with your children to increase repetition without it ever feeling like practice!

Location: South Ardmore Park
Fall: September 8 – October 20 (7)
Day/Time: Fridays 10:00am – 11:00am
Fee: Resident/\$129 Non-Resident/\$144

UK ELITE SOCCER



Everything we do is designed to maximize the sporting potential of individual players, teams, clubs & coaches. We believe in thinking creatively so our passion for the game can directly benefit youth soccer in your community.

To register for any UK Elite Program, please visit www.ukelite.com

UK Petite – “Parent & Me” – Fall

Ages 2 & 3 yrs

This class offers young children an introduction to playing fun games that revolve around a soccer ball with one of their parents. The Parent and Child classes will have a fun curriculum that utilizes soccer to increase early physical and emotional development. The fun, healthy and exciting world of soccer can now be part of their active lifestyle.

Location: South Ardmore Park
Fall Session: September 12 – October 31 (8)
Day: Tuesdays 10:00 – 10:45am
Fee: Per Session Resident/\$130 Non-Resident/\$140

UK Petite Soccer – Fall**Ages 3 – 5 yrs**

This program is designed to allow every child the chance for maximum development and enjoyment. Each child will enjoy learning the fundamentals of soccer.

Location: South Ardmore Park**Fall Session:** September 11 – November 1 (8)

Day: Mondays 1:00 – 2:00pm
 Mondays 2:00 – 3:00pm
 Tuesdays 10:45 – 11:45am
 Wednesdays 1:00 – 2:00pm
 Wednesdays 2:00 – 3:00pm

Fee: Per Session Resident/\$130 Non-Resident/\$140

UK Elite – Schools Out Camp – Fall**Ages 5 – 14 yrs****Location:** South Ardmore Park

Date/Fee: **Session 1:** September 21 & 22 (Thursday & Friday) 9:00am – Noon

Fee: Resident/\$60 Non-Resident/\$65

Session 2: September 21 & 22 (Thursday & Friday) 9:00am – 3:00pm

Fee: Resident/\$100 Non-Resident/\$105

Session 3: November 7 (Tuesday) 9:00am – Noon

Fee: Resident/\$40 Non-Resident/\$45

UK Petite Soccer – Fall (Indoors)**Ages 3 – 5 yrs**

This program is designed to allow every child the chance for maximum development and enjoyment. Each child will enjoy learning the fundamentals of soccer.

Location: Bala Gym, Bala & Union Avenues**Fall Session:** November 13 – December 19 (6)

Day: Mondays 1:00 – 2:00pm
 Mondays 2:00 – 3:00pm
 Tuesdays 1:00 – 2:00pm
 Tuesdays 2:00 – 3:00pm

Fee: Per Session Resident/\$130 Non-Resident/\$140

UK Technical Program – Fall (Indoors)**Ages 5 – 13 yrs**

Technical Training Programs are intense training blocks designed to make you a better individual player.

Location: Bala Gym, Bala & Union Avenues**Time:** 1 Hour Time Slot (See available times)

Fall Session: Wednesdays November 8 – December 20 (6) No class Nov 22

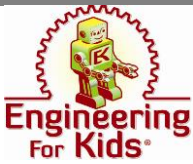
5:00 – 6:00pm 6:00 – 7:00pm 7:00 – 8:00pm 8:00 – 9:00pm

Fall Session: Sundays November 5 – December 17 (6) No class Nov 26

7:30 – 8:30pm 8:30 – 9:30pm

Fee: Per Session Resident/\$155 Non-Resident/\$165

ENGINEERING FOR KIDS



At Engineering for Kids we believe that children are natural born engineers who have unlimited imaginations and unbridled enthusiasm. We offer fun, hands-on learning for children ages 4 to 12. Our activities range from building flashlights and rockets to programming video games and robots. The variety of programming is extraordinary!

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue **Group Limit:** 16 participants

For more information on current class offerings please contact greaterphila@engineeringforkids.net

Weekend Workshops – Jr. Inventor’s Creative Engineering: Inventor’s Workshop Ages 4 – 7

We have opened up the workshop for fun, creativity, and of course engineering! Over the course of a week, students will invent new machines and explore creative design solutions using the Engineering Design Process. Discover how a wind-up toy works and design your own drawing robot inside the Engineering for Kids Inventor’s Workshop.

Day/Time: Saturdays 10:30am – Noon

Fall Session: September 16, 23, 30, October 7 (4)

Fee: Resident/\$120 Non-Resident/\$140

Weekend Workshops – Momentum Madness Ages 8 – 12

Zero to sixty in two seconds?! How fast can an object go without compromising safety? Students in this camp will work with their Pit Crew to design and build vehicles, such as dragsters and hovering levitrons, which should be able to withstand astonishing speeds. Fasten your seat belt, the race has begun!

During the Momentum Madness camp, students will explore four fields of engineering: industrial, electrical, mechanical, and aerospace. They will design and construct vehicles and safety mechanisms that will achieve the fastest speeds while still maintaining safe racing conditions.

Day/Time: Saturdays 12:45 pm – 2:45 PM

Fall Session: September 16, 23, 30, October 7 (4)

Fee: Resident/\$160 Non-Resident/\$180

Weekend Workshops – Jr. Wings Wheels and Sails Ages 4 – 7

Everyone has to travel, and engineers are involved in all the steps of designing different modes of transportation as well as inventing and designing tools that aid in travel. Everyone’s travel needs are different, whether they need to walk around their local community to do errands, or they need to be half way across the world by evening! During this camp, students will get their passports and travel to a new country every day by a different means! They will engineer their mode of transportation or tool to aid in transportation daily to get to their destination country. At the end of the week, they will have built several different means to travel by, and have a passport full of culture and all their memories from the week from the places they visited.

Day/Time: Saturdays 10:30am – Noon

Fall 2 Session: October 28, November 4, 11, 18 (4)

Fee: Resident/\$120 Non-Resident/\$140

Weekend Workshops – Engineering of Travel Ages 8 – 12

113 years ago, airplanes had not even made their first flight, yet today we can fly to the other side of the world in 12 hours! It is thanks to advances in technology that we are able to explore so much of the world. Over the next five days, teams will have to work together to see who is able to travel the farthest around the world. This trek around the world will require students to design their very own boat, plane, and even a rocket!

Day/Time: Saturdays 12:45 pm – 2:45 PM

Fall 2 Session: October 28, November 4, 11, 18 (4)

Fee: Resident/\$160 Non-Resident/\$180

SHINING KNIGHTS CHESS

Ages 4 – 14



Learn how to play chess from a Shining Knights chess coach! Our coaches are professional instructors and have taught thousands of children to play chess. Class time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Play time is structured to pair each student against an opponent of similar skill. All chess supplies provided.

More information can be found at www.shiningknightschess.com

Fall Chess Club

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue

Ages: 4 – 14 years

Day/Time: Tuesdays 5:30 – 6:30pm

Fall Session: September 19 – December 19 (12) No Class Oct 31, Nov 7

Fee: Resident/\$160 Non-Resident/\$192

Group Limit: 30 Students

Two Day Fall Chess Camp

For Intermediate and Advanced Players

A two-day Shining Knights chess camp for the intermediate to advanced chess player! Critical positions, time management, the thinking process and endgame theory positions will be presented. Campers will also have the opportunity to review master games, participate in game analysis and be challenged by other seasoned chess players. A must for tournament players that want to hone their skills.

Campers will take short breaks for snacks and fresh air every hour and full-day campers have a lunch break and recess from Noon – 1:00pm.

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue

Ages: 8 – 16 years

Session: Thursday, September 21 and Friday, September 22

Full Day: 9:00am – 3:00pm **AM Only:** 9:00am – Noon

Fee: Full Day Resident/\$128 Full Day Non-Resident/\$148

Half Day Resident/\$75 Half Day Non-Resident/\$90

KITCHEN WIZARDS

Discover the magic of cooking, one bite at a time!



At **Kitchen Wizards**, we help kids and adults of all ages to discover the magic of cooking, one bite at a time, through our culinary enrichment programs! Kitchen Wizards is a division of Kathy's Just Desserts, Inc. **All campers will receive a chef's hat (toque), apron, certificate of completion, and recipe booklet - as well as lots of food they help prepare!**

Drop and Shop

While Mom and Dad shop on Black Friday, send the kids to our Kitchen Wizards "Cookie Extravaganza". Kids will make an assortment of cookies and bring home a plate of them to share with the family. Parents get an afternoon to shop for holiday gifts. Win-win! Make sure the kids bring a beverage and dress for a mess!

Location: Belmont Hills Community Center, 50 Ashland Avenue, Bala Cynwyd

Ages: 8 – 13 years

Date: Friday, November 24

Time: 1:00 – 4:00pm

Fee: Resident/\$35 Non-Resident/\$45

BRICKS 4 KIDZ



Bricks 4 Kidz, a leader in STEM (science, technology, engineering, and math) educational activities specializes in introducing children to advanced concepts in physics and engineering through hands-on play with LEGO bricks and technologies in after school enrichment programs, field trips and summer camps.

For more information, please call 484-557-3092 or visit www.bricks4kidz.com/exton.

After School Club: Brick City Engineers

Ages 5 – 12

Let's build a city! There are many types of engineering jobs and building is one of the most fun! What would a city be without the architects and engineers who come up with the ideas, plans and building skills to make it all come together?

Participants will put their engineering and architectural skills to work as they build city themed models using bricks. The sky's the limit when campers are challenged to use their own ideas and skills to build a skyscraper taller than their heads. They'll have a blast using custom built cars to move the people of the city all around town brick by brick! What an accomplishment to be able to proudly exclaim " We built this brick city".

Location: Bryn Mawr Spring House, 9 S. Bryn Mawr Avenue

Day/Time: Thursdays 6:00 – 7:00pm

Fall Session: September 14 – October 26 No Class Sept 21 (6)

Fee: Resident/\$100 Non-Resident/\$115

Group Limit: 20 participants

YOUNG REMBRANDTS



Young Rembrandts drawing classes are being offered now through Lower Merion Township Parks and Rec! Each season we offer classes that enhance drawing skills, train students in color theory and boost self-confidence.

We kick off in the Fall with **ALL NEW** lessons like kawaii art history and friendly monster; it doesn't matter if your child is new to drawing or a seasoned pro, everyone is going to have fun and learn a lot. Our Content is based on child-friendly subjects that open the imagination and stretch the mind! Young Rembrandts strives to inspire your child's imaginative spirit and boosts classic learning skills. Don't miss out, enroll now!

To register or for more information regarding current classes and themes, please visit www.youngrembrandts.com/chestercounty

RHYTHMIC GYMNASTICS

Ages 5 years and older



Rhythmic Gymnastics is the perfect sport to teach body awareness and control - skills that will assist in the development of athletic potential for any sporting endeavor. This is a fascinating Olympic sport that has already gained great popularity in the United States. It is a marvelous blend of traditional gymnastics, dance and ballet with the use of such apparatus as the ribbon, rope, ball, hoop and clubs. It is a sport that develops grace and beauty for young girls and challenges them to exceed while improving their skills in ballet, dance and coordination. In addition to instructional and beginner classes, special hours are offered for our competitive Rhythmic Team. The instructor at Bala Gym is Ms. Valeriya Neikova, an experienced Rhythmic coach from Bulgaria. Give your daughter the right start in life! Let her experience Rhythmic Gymnastics and watch her confidence and self-esteem grow by leaps and bounds.

Location: Bala Gym, Bala and Union Avenues

Please contact Valeriya Neikova at (610)580-4714 or e-mail balagymnastics@gmail.com.

NEXT LEVEL SPORTS



Next Level Sports (NLS®) develops the leadership potential of today's youth to achieve their personal best in academics and sports through skill-based programs that teaches positive values, wellness, responsibility, conflict resolution, and goal setting. NLS offers basketball, football and track programs, as well as week long summer camps.

To register for any NLS Program, please visit www.nlsports.org

ADULT CLASSES AND PROGRAMS

FIT4MOM Main Line

Stroller Strides

Stroller Strides is a total fitness program that moms can do with their babies. It includes power walking and intervals of strength and body toning exercises using exercise tubing, the stroller and the environment. Taught by certified and specially trained fitness instructors, it is a great workout for any level of exerciser. Stroller Strides instructors weave songs and activities into the routine designed to entertain and engage baby, while moms are led through a series of exercises specific to her role as mom.

To register or for more information, please visit mainline.fit4mom.com

Location: Ashbridge Park
Day/Time: Mondays, Wednesdays and/or Fridays 9:30 – 10:30am
Fees: Fees Vary – Monthly Passes Available - First Class is Free

VIVA COMMUNITY FITNESS PILATES

Slim your waist, stomach and hips; strengthen and tone your muscles; relieve back, wrist, neck and shoulder pain and melt away stress. You will leave class standing taller, looking younger and be full of energy. Non-jarring exercises are tailored to fit each student's body. Perfect for men/women, ages 15 and up of all fitness levels. Wear comfortable exercise attire. Bring a large towel, mat, medium or regular strength Pilates band, small ball and Pilates magic circle. **For more info or to purchase equipment call 856-751-0095 or go to www.vivacommunityfitness.com** **Location:** Bala Gym, Bala and Union Avenues

Pilates – Tuesdays 7:30 – 8:30pm

Fall Session: Sept 12 – Dec 12 (12) No Class Oct 31, Nov 7 Resident/\$132 Non-Res/\$158

Pilates – Thursdays 7:30 – 8:30pm

Fall Session: Sept 14 – Dec 14 (12) No Class Sept 21, Nov 23 Resident/\$132 Non-Res/\$158

SPECIAL RECREATION WEEKEND CLUB

For adults with special needs

The Special Rec Weekend Club will meet on select Saturdays each month for trips to the movies, mini golf, theatre, shopping and much, much more. Trips vary session to session. Participants must sign up in advance. Group will meet for departure at Lower Merion Twp Administration Building, 75 E Lancaster Avenue, Ardmore. Transportation is provided by Lower Merion Township.

Days: Saturdays Times TBD

Age: 18 years and older

Please visit www.lowermerionrec.com for a Current Schedule.

Schedule is subject to change.

Refunds will not be offered for missed trips.

UPCOMING TRAININGS

TRI STATE TRAINING

Tri-State Training has been named as the best training and Safety Company every year since its inception (2010) by various publications including several local newspapers. We are proudly accredited with the following organizations: American Heart Association (AHA), American Red Cross (ARC), American Safety and Health Institute (ASHI), COSTARS, Pennsylvania Department of Health (PA DOH), Pennsylvania Keystone Stars (PA KEYS), Volunteer Firemen's Insurance Services (VFIS).

For more information or to register, please visit
www.tristatetrainingllc.com



American Heart Association (AHA) HeartSaver CPR/AED (3 hours)

Heartsaver® CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children, and infants. This course teaches skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements. This course is appropriate for ages 12 and older. CERTIFICATIONS ARE VALID FOR 2 YEARS.

Location: Bryn Mawr Spring House, 9 S. Bryn Mawr Avenue

Date: Last Wednesday of Each Month

Time: 6:00 – 9:00pm

Course Fee: \$86 per Participant

American Heart Association (AHA) HeartSaver CPR/AED/First Aid (5 hours)

American Heart Association Heartsaver® CPR/AED/First Aid course is 5 hours long and is an instructor-led course that follows a DVD presentation. Upon completion of this course each participant will receive a two-year certification which will prove them to be proficient in infant, child, adult CPR and the use of an AED. Additionally, participants will understand how to treat medical emergencies such as breathing problems, identifying heart conditions, cuts/ scrapes, broken bones, seizures and various other emergencies. This course is appropriate for ages 12 and older. CERTIFICATIONS ARE VALID FOR 2 YEARS.

Location: Bryn Mawr Spring House, 9 S. Bryn Mawr Avenue

Date: Second Saturday of Each Month

Time: 10:00am – 3:00pm

Course Fee: \$105 per Participant

American Safety and Health Institute (ASHI), Child and Babysitting Certification (5 hours)

Babysitting is serious business and a big responsibility; your child is taking care of someone else's child. Make sure they are prepared and knowledgeable in babysitting best practices as well as how to operate their first attempt at running a small business. The Child & Babysitting Safety (CABS) program is a video based and instructor led course which covers topics such as: Babysitting as a Business, Safety and Injury Prevention, Leadership, Play Time, Basic Caregiving Skills, CPR/First Aid. This course is appropriate for ages 10 and older. CERTIFICATIONS ARE VALID FOR 2 YEARS.

Location: Bryn Mawr Spring House, 9 S. Bryn Mawr Avenue

Date: Third Saturday of Each Month

Time: 9:00am – 2:00pm

Session Fee: \$120 per Participant

OTHER PARKS AND RECREATION INFORMATION

DISCOUNT SKI LIFT TICKETS FOR LOCAL RESORTS

Please check www.lowermerion.org for the complete price list!

What you need to know:

- Tickets are non-refundable.
- We accept Cash, Check or Credit Card (fees apply) as payment.
- Tickets can be used any time during the 2017 – 2018 season
- Tickets are sold from December 2017 through early March 2018
- These are tickets, not discount vouchers
- Call ahead for availability 610.645.6220
- Prices are subject to change.

