COVID Health and Safety Guidelines

In line with CDC, Belmont Hills Lacrosse Club has adopted the following guidelines.

Illness

- If a participant or staffer is diagnosed with COVID-19, or is quarantined because of suspected diagnosis, all participants will be notified.
- Any participant exhibiting symptoms of acute respiratory illness, a fever of 100.4°F, or is otherwise sick, must stay home.
- Participants must stay home if any member of their household exhibits the same symptoms.
- If a participant, or any member of their household, has had known exposure to a person with a COVID-19 diagnosis, you must immediately notify Belmont Hills Lacrosse Club (<u>cmscheuerman@hotmail.com</u>; 609-335-7918). All participants and staff who have been in contact with the exposed participant will be notified immediately.

Personal Protective Equipment (PPE)/Masks

• Belmont Hills Lacrosse Club, in accordance with the current State mandates, requires the use of masks for all players and parents at all times.

Sanitization

• Belmont Hills Lacrosse Club will clean and sanitize the equipment and frequently touched surfaces before each practice.

Social Distancing

• Social distancing rules will be observed at all times.

Parent Observation

- One parent of the participant may observe while practicing social distancing.
- Parents may be asked to leave the practice if non-compliant with any protocols, including wearing masks.